



FIRST YEAR STUDENT SCHEDULE

JUNE 2026 | DAY 1

TIME	SESSION	DESCRIPTION	LOCATION
8 - 8:45 a.m.	SOAR Check-in	Check-in, drop off your bags, and head to the Elliot University Center (EUC).	Jefferson Suites
8 a.m. - 4:30 p.m.	SOAR Information & Questions Table	Stop by to get answers to any questions and find out more about your SOAR experience. We're here to help!	EUC, Cone Ballroom Lobby
8 a.m. - 4:30 p.m.	Ayuda en Español	Get answers to your questions and pick up your Spanish language interpreting materials.	EUC, Cone Ballroom Lobby
8 - 9 a.m.	SOAR Material Pick Up	Recieve your SOAR Resource Guide and other essential SOAR materials.	EUC, Cone Ballroom Lobby
8 - 9 a.m.	Health Services & Student Insurance	Find out about services offered at Student Health and the required Student Insurance.	EUC, Cone Ballroom Lobby
8 - 9 a.m.	Immunization Station	Learn about immunization requirements and how to submit student records.	EUC, Cone Ballroom Lobby
8 - 9 a.m.	Mental Health & Well-Being	Stop by to explore Spartan Well-Being and Counseling & Psychological Services.	EUC, Cone Ballroom Lobby
8 - 9 a.m.	UNCG Mobile App	Download today, choose either New Student Persona or Families, Friends, and Fans Persona.	EUC, Commons (Main Hallway)
8 a.m. - 5 p.m.	UNCG Bookstore Open	Stop in and check out some Spartan swag.	EUC, Rotunda
9 - 9:20 a.m.	Welcome to SOAR	Take your seat and get excited as we kick off your SOAR experience! This session will give you an overview of what to expect, including key activities and opportunities throughout your orientation.	EUC, Cone Ballroom
9:20 - 9:45 a.m.	Student Success in Year One	Discover how Spartans thrive at UNCG - succeed academically, get involved, and make your first year unforgettable!	EUC, Cone Ballroom
9:50 - 10:25 a.m.	SOS Student Small Group 1	Meet your Spartan Orientation Staff (SOS) leader and get to know other new students in your group. You can find your small group number on your name tag.	EUC, Various Locations
10:30 - 11:55 a.m.	Academic Welcome & Advising	Hear about your academic programs and receive an introduction to academic advising and course registration at UNCG.	EUC, Various Locations
	Sessions 1, 3, & 6	Bryan School of Business & Economics	EUC, Cone Ballroom
		School of Education	EUC, Claxton
		School of Health & Human Sciences	EUC, Alexander
		School of Nursing	EUC, Auditorium
	Sessions 2, 4, 5, & 7	College of Arts & Sciences	EUC, Cone Ballroom
		College of Visual & Performing Arts	EUC, Auditorium
		Exploratory	EUC, Alexander
	Session 6	Integrative Community Studies (Beyond Academics)	EUC, Dogwood
	Session 8	Bryan School of Buisness & Economics	EUC, Auditorium
		College of Arts & Sciences	EUC, Cone Ballroom
		School of Nursing	Jarrell Lecture Hall

12 - 12:50 p.m.

Lunch & Optional Activities

Moran Commons,
Various Locations

Lunch

Enjoy an all you care to eat lunch! Don't forget to show your SOAR name tag at the door.

Moran Commons,
Fountain View Dining Hall

Esports Arena

Learn about Gaming & Esports at UNCG. Stop by for a tour of our state-of-the-art Esports Arena! Enjoy some time gaming on PC or console!

Moran Commons, 109

Meal Plan & Dining Information

Have questions about UNCG Dining and meal plans? Visit our table!

Moran Commons Lobby

SpartanCard Photos (Pick Up on Day 2)

Haven't uploaded your photo yet? Swing by and get your official SpartanCard photo taken!

Moran Commons, 106

1 - 1:50 p.m.

Campus Resources

Understanding campus policies and safety are key to your overall experience as a campus community member.

EUC, Cone Ballroom

Mental Health & Well-Being

Discover resources and strategies for maintaining your mental health and wellbeing during your time at UNCG.

Title IX

Learn more about safe choices, developing healthy relationships, and the support available to students.

UNCG Police

Get familiar with campus safety, services provided by the UNCG Police Department, and tips for staying safe on and around campus.

Dean of Students

Learn about the support and resources available through the Dean of Students office to help you navigate university life.

Paying Bills & Payment Plans

Understand how to manage tuition payments, set space up payment plans, and stay on top of your student bill.

1:50 - 2:50 p.m.

Let's Get Connected

Get connected with essential UNCG resources for a successful first year and hear from our presenters on the best ways to get started at the G.

EUC, Cone Ballroom

Get Involved

Engage with the Spartan community, learn about campus activities, the Spartan Experience, and countless ways to get involved.

Your First Year (YFY)

Look for the Lime and discover all the ways YFY can support you on your journey to success.

UNCG Athletics

Whether you're a fan or a future Spartan athlete learn about the different athletic events at the G.

Student Panel

Hear from a student panel where current Spartans share their experiences, tips, and advice to help you navigate your first year at UNCG.

2:55 - 3:30 p.m.

Living Like a Spartan

Attend the session based on where you'll live in the fall, either living on campus or commuting to campus. *CHOOSE ONE SESSION.*

EUC, Various Locations

Living on Campus

Students living on campus - discover the community, convenience, and support that come with living on campus as a Spartan!

EUC, Cone Ballroom

Commuting to and Engaging with Campus

Students commuting to campus - explore resources for commuting Spartans, making your journey to campus smooth and connected!

EUC, Auditorium

3:40 – 4 p.m.

Breakout Session A

CHOOSE ONE SESSION.

EUC, Various Locations

UNCG Dining

Stop in if you have questions about meal plans, flex, and dining options.

EUC, Claxton

Health Services, Immunization, & Student Insurance Information

Learn about services at Student Health, immunization requirements, student health insurance, and how to upload documents to the portals.

EUC, Willow

Lloyd International Honors College & Residential CollegesIf you've been accepted into Lloyd International Honors College *OR* a Residential College, please *attend one of two required sessions* and explore what we offer you!

EUC, Kirkland

Military-Affiliated Educational Benefits

Learn about the Office of Military-Affiliated Services and how they can help you utilize your benefits. If you are using VA Educational Benefits as a veteran or military-affiliated student, this session is for you.

EUC, Sharpe

Paying Bills & Payment Plans

All you need to know to sign up for payment plans, due dates, and how to manage your student account.

EUC, Alexander

Recruited Student-Athletes & Families OnlyStudent-athletes have University and NCAA requirements. *Attendance is required.*

EUC, Phillips

Work While You're a Student

Need a job? Learn more about on campus employment.

EUC, Auditorium

4:05 – 4:25 p.m.

Breakout Session B

CHOOSE ONE SESSION.

EUC, Various Locations

6-TECH at Information Technology Services (ITS)

Get answers to all your questions about UNCG hardware, software, and student computing accounts.

EUC, Elm

Accessibility & Resource Services (OARS)

ADHD? Anxiety? Depression? Medical Concern? "Other" for which an accommodation may be needed? Learn how to connect and arrange for barrier removal or accommodations.

EUC, Dogwood

UNCG Bookstore & More!

Questions about purchasing or renting textbooks, or how to get the coolest swag for the fall semester? We are here to help!

EUC, Azalea

UNCG Dining

Stop in if you have questions about meal plans, flex, and dining options.

EUC, Claxton

Health Services, Immunization, & Student Insurance Information

Learn about services at Student Health, immunization requirements, student health insurance, and how to upload documents to the portals.

EUC, Willow

Lloyd International Honors College & Residential CollegesIf you've been accepted into Lloyd International Honors College *OR* a Residential College, please *attend one of two required sessions* and explore what we offer you!

EUC, Kirkland

Military-Affiliated Educational Benefits

Learn about the Office of Military-Affiliated Services and how they can help you utilize your benefits. If you are using VA Educational Benefits as a veteran or military-affiliated student, this session is for you.

EUC, Sharpe

Parking & Transportation Options

Explore parking and transportation options, including car-free, sustainable transportation.

EUC, Dail

UNCG Study Abroad

Studying Abroad is a life-changing experience for students of all majors. Find out how UNCG makes it possible for YOU to go abroad!

EUC, Long Leaf Pine

Work While You're a Student

Need a job? Learn more about on campus employment.

EUC, Auditorium

4:30 – 4:50 p.m.

Breakout Session C

CHOOSE ONE SESSION.

EUC, Various Locations

6-TECH at Information Technology Services (ITS)

Get answers to all your questions about UNCG hardware, software, and student computing accounts.

EUC, Elm

Academic Records, Grades, & More! (Registrar)

Learn more about Spartan Central, UNCGenie, the University Catalog and so much more!

EUC, Alexander

Accessibility & Resource Services (OARS)

ADHD? Anxiety? Depression? Medical Concern? "Other" for which an accommodation may be needed? Learn how to connect and arrange for barrier removal or accommodations.

EUC, Dogwood

UNCG Bookstore & More!

Questions about purchasing or renting textbooks, or how to get the coolest swag for the fall semester? We are here to help!

EUC, Azalea

Parking & Transportation Options

Explore parking and transportation options, including car-free, sustainable transportation.

EUC, Dail

UNCG Study Abroad

Studying Abroad is a life-changing experience for students of all majors. Find out how UNCG makes it possible for YOU to go abroad!

EUC, Long Leaf Pine

5 – 5:50 p.m.

Dinner

Enjoy an all you care to eat dinner. Show your SOAR name tag. Students must meet their SOS outside at the Fountain by 5:50 p.m. Guests are free to leave for the evening.

Moran Commons, Fountain View Dining Hall

5:50 – 7:50 p.m.

Student Connections at Kaplan

Students, follow your SOS to the Kaplan Center for a fun, student only experience!

Kaplan Center

Welcome to RecWell

Welcome to RecWell – hear all of the amazing opportunities for you in RecWell!

SOS Small Group 2

Connect with your SOS and small group to understand what you can do to continue building your Spartan community.

Kaplan Tours

Take a tour of the Leonard J. Kaplan Center for Wellness.

Connect at the G!

Explore the many student involvement opportunities you have at UNCG during the Student Orgs Fair!

7:50 – 8:30 p.m.

L1GHT THE G

L1GHTs up with your fellow new Spartans as you learn what you have in common.

EUC, Auditorium

8:35

Return to Residence Hall

We'll walk back to the residence hall for the night; catch some UNCG landmarks and traditions on the way!

Jefferson Suites

DAY 2

TIME

SESSION

DESCRIPTION

LOCATION

7 – 7:45 a.m.

SOAR Check-out

Turn in your key and place bags in your car before heading to breakfast.

Jefferson Suites

7 – 7:45 a.m.

Luggage Drop-Off

If you do not have a car at SOAR, drop your bags here before heading to breakfast.

Jefferson Suites

7 – 7:50 a.m.

Breakfast

Enjoy all you care to eat breakfast. Make sure to show your SOAR name tag.

Moran Commons, Fountain View Dining Hall

8 a.m. – 12:30 p.m.

SOAR Information & Questions Table

Stop by to get answers to any questions and find out more about your SOAR experience. We're here to help!

EUC, Cone Ballroom Lobby

8 a.m. – 12:30 p.m.

Ayuda en Español

Get answers to your questions and pick up your Spanish language interpreting materials.

EUC, Cone Ballroom Lobby

8 – 8:30 a.m.

SOS Small Group 3

SOS will lead you in a group discussion about your goals and expectations for your time at UNCG.

EUC, Various Locations

8:35 – 8:50 a.m.	Advising Assignment Information	All students must be present at this time to receive a class schedule; late arrivals will miss out on this session.	EUC, Auditorium
9 a.m. – 12 p.m.	Advising & Class Schedule Checks	SOS will direct you to your advising session, where you'll finalize your class schedule. Once you're all set, head back to the EUC.	Various Locations
9:15 – 11:20 a.m.	Tours on Demand	These tours leave approximately every 15–20 minutes.	
	Class Schedule Tours	Now that you've received your class schedule, take a tour to find your building. If you miss the tours, Spartan SPEARS will be available the first two days of the semester to help!	EUC, Birch
	Residence Hall Tours	Tour a sample residence hall room and get a glimpse of campus living! <i>Note: not all halls are available due to camps and conferences.</i>	EUC, Auditorium Lobby
9:35 – 11:15 a.m.	Drop-in Sessions	A drop-in session is a flexible, come-and-go opportunity where you can stop by at any time during the scheduled time to ask questions, get help, or simply learn more about a specific topic.	EUC, Various Locations
	Academic Success Starts Here	You have your class schedule, now what? Join us for an interactive session where students will create a realistic plan to balance classes, studying, work, and fun while learning what academic support looks like at UNCG and where to find it.	EUC, Elm
	Community @ the G: You Belong Here!	Intercultural skills benefit everyone! Come learn about the Intercultural Leadership Council, Spartans in Dialogue, and the many cultural events that are celebrated each year at UNCG. Your identities add value to your degree, come by to learn how.	EUC, 062, Office of Intercultural Engagement
	Financial Aid & Scholarships: Q & A Open Forum	Drop-in to ask general Financial Aid and Scholarships questions.	EUC, Azalea
	SpartanCard Pick Up	Stop by anytime to pick up your SpartanCard.	Moran Commons, 106
	TRiO Programs	Are you the first in your family to attend college? Learn about UNCG's programs for first-generation, low-income college students.	EUC, Long Leaf Pine
10 – 10:30 a.m. 11 – 11:30 a.m.	Scheduled Tours	These tours will begin and end at specific times. Be sure to arrive a few minutes early to meet your group before the tour begins.	
	Jackson Library Tours	Explore the Walter Clinton Jackson Library on a guided tour. Meet in front of the bookstore entrance.	EUC, Rotunda
	Smith Center Campus Ministry Tours	Learn about campus ministries and the Spartan Open Pantry. Meet in the front of the food court entrance.	EUC, Rotunda
11:15 – 11:30 a.m.	Get Ready for the Spartan EXPO!	Finish up drop-in sessions or tours, reconnect with your party, open your SOAR Resource Guide to the Expo Challenge on page 1, and enjoy some brief down time before the doors open!	EUC
11:30 a.m. – 12:30 p.m.	Spartan EXPO	Connect with campus and community resources, enjoy exciting giveaways, and pick up your <i>FREE</i> SOAR t-shirt!	EUC, Cone Ballroom
11:45 a.m. – 1 p.m.	Luggage Pick Up	Please pick up your bags after you have visited the Spartan EXPO, the room will lock at 1 p.m.	Jefferson Suites
12 – 1:30 p.m.	Final SpartanCard Pick Up	Be sure to pick up your SpartanCard before you leave.	Moran Commons, 106