



FIRST YEAR STUDENT SCHEDULE

JANUARY 9, 2026

TIME	SESSION	DESCRIPTION	LOCATION
8 - 8:45 a.m.	Student Check-in	Check-in and head to the EUC, Cone Ballroom.	EUC, Cone Ballroom
8:15 - 9 a.m.	SOAR Material Pick-up	Recieve your SOAR Resource Guide and other essential SOAR materials.	EUC, Cone Ballroom Lobby
8:15 a.m. - 4 p.m.	Ayuda en Español	Get answers to your questions and pick up your Spanish language interpreting materials.	EUC, Cone Ballroom Lobby
8:15 - 9 a.m.	Counseling & Wellbeing	Stop by to explore Spartan Well-Being and Counseling & Psychological Services.	EUC, Cone Ballroom Lobby
8:15 - 9 a.m.	Health Services & Student Insurance	Find out about services offered at Student Health and the required Student Insurance.	EUC, Cone Ballroom Lobby
8:15 - 9 a.m.	Immunization Station	Learn about immunization requirements and how to submit student records.	EUC, Cone Ballroom Lobby
8:15 - 9 a.m.	UNCG Mobile App	Download today, choose either New Student Persona or Families, Friends, and Fans Persona.	EUC, Commons (Main Hallway)
8:15 a.m. - 5 p.m.	UNCG Bookstore Open	Stop in and check out some Spartan swag.	EUC, Rotunda
9 - 9:15 a.m.	Welcome to SOAR	Take your seat and get excited as we kick off your SOAR experience! This session will give you an overview of what to expect, including key activities and opportunities throughout your orientation.	EUC, Auditorium
9:15 - 9:30 a.m.	Student Success in Year One	Discover how Spartans thrive at UNCG - succeed academically, get involved, and make your first year unforgettable!	EUC, Auditorium
9:35 - 10:15 a.m.	Student Small Groups	Meet your Spartan Orientation Staff (SOS) member and make connections with other new students!	EUC, Various Locations
10:20 - 11 a.m.	Let's Get Connected	Get connected with essential UNCG resources for a successful first year and hear from our presenters on the best ways to get started at the G	EUC, Auditorium
	Your First Year	Look for the Lime and discover all the ways YFY can support you on your journey to success.	
	UNCG Athletics	Whether you're a fan or a future Spartan athlete learn about the different athletic events at the G.	
	Get Involved	Engage with the Spartan community, learn about campus activities, the Spartan Experience, and countless ways to get involved.	
11 - 11:35 a.m.	Campus Resources	Understanding campus policies and saftey are key to your overall experience as a campus community member.	EUC, Auditorium

Paying Bills & Payment Plans

Understand how to manage your tuition payments, set up payment plans, and stay on top of your student bill.

UNCG Police

Get familiar with campus safety, services provided by the UNCG Police Department, and tips for staying safe on and around campus.

Mental Health & Wellbeing

Discover resources and strategies for maintaining your mental health and wellbeing during your time at UNCG.

Dean of Students

Learn about the support and resources available through the Dean of Students office to help you navigate university life.

11:40 a.m. – 12 p.m.**Breakout Session A**

Choose one session.

EUC, Various Locations

6-TECH at Information Technology Services (ITS)

Get answers to all your questions about UNCG hardware, software, and student computing accounts.

EUC, Claxton

Accessibility and Resource Services (OARS)

ADHD? Anxiety? Depression? Medical Concern? "Other" for which an accommodation may be needed? Learn how to connect and arrange for barrier removal or accommodations.

EUC, Dogwood

UNCG Dining

Stop in if you have questions about meal plans, flex, and dining options.

EUC, Alexander

Finding Academic Success

Learn how to recognize when you need help and hear about various (and free) academic support services available to you.

EUC, Elm

Health Services, Immunization & Student Insurance Information

Learn about services at Student Health, immunization requirements, student health insurance, and how to upload documents to the portals.

EUC, Sharpe

Parking & Transportation Options

Explore parking and transportation options, including car-free, sustainable transportation.

EUC, Dail

Paying Bills & Payment Plans

All you need to know to sign up for payment plans, due dates, and how to manage your student account.

EUC, Kirkland

Work While You're a Student

Need a job? Learn more about on campus employment.

EUC, Auditorium

12 – 12:45 p.m.**Lunch & Optional Activities**

Moran Commons, Various Locations

Lunch

Enjoy all you care to eat lunch! Don't forget to show your SOAR name tag at the door.

Moran Commons, Fountain View Dining Hall

Esports Arena

Learn about Gaming & Esports at UNCG. Stop by for a tour of our state-of-the-art Esports Arena! Enjoy some time gaming on PC or console!

Moran Commons, 109

Meal Plan & Dining Information

Have questions about UNCG Dining and meal plans? Visit our table!

Moran Commons Lobby

SpartanCard Photos

If you haven't uploaded an approved photo, stop in to have your SpartanCard photo taken.

Moran Commons, 106

12:35 – 12:50 p.m.**Meet your SOS**

Find the SOS with your academic area listed. SOS will give you a guided tour as they escort you to your academic college and school overviews! SOS will depart promptly at 12:50 p.m.

Moran Commons, Ground Floor

1 - 1:30 p.m.

Academic College & School Overview

STUDENTS ONLY will follow an SOS to the overview session based on their academic college or school. During this session, students will learn about academic programs and receive an introduction to academic advising and course registration at UNCG.

Various Locations

Bryan School of Business & Economics

College of Arts & Sciences

College of Visual & Performing Arts

School of Education

Exploratory Majors

School of Health & Human Sciences

School of Nursing

1:30 - 2:30 p.m.

Academic Advising & Course Registration

Follow Academic Advisors to your advising session, where you'll finalize your class schedule. All students must be present during this time to receive a spring course schedule. Once you're all set, head back to the Elliott University Center.

Various Locations

2:30 - 2:45 p.m.

Walk back to the EUC

Return to the Elliot University Center for Breakout Session B

2:45 - 3:05 p.m.

Breakout Session B

Choose One Session.

EUC, Various

6-TECH at Information Technology Services (ITS)

Get answers to all your questions about UNCG hardware, software, and student computing accounts.

EUC, Claxton

Accessibility and Resource Services (OARS)

ADHD? Anxiety? Depression? Medical Concern? "Other" for which an accommodation may be needed? Learn how to connect and arrange for barrier removal or accommodations.

EUC, Dogwood

UNCG Bookstore & More

Questions about purchasing or renting textbooks, or how to get the coolest swag for the spring semester? We are here to help!

EUC, Azalea

UNCG Dining

Stop in if you have questions about meal plans, flex, and dining options.

EUC, Alexander

Health Services, Immunization & Student Insurance Information

Learn about services at Student Health, immunization requirements, student health insurance, and how to upload documents to the portals.

EUC, Sharpe

Military-Affiliated Educational Benefits

Learn about the Office of Military-Affiliated Services and how they can help you utilize your benefits. If you are using VA Educational Benefits as a veteran or military-affiliated student, this session is for you.

EUC, Kirkland

Parking & Transportation Options

Explore parking and transportation options, including car-free, sustainable transportation.

EUC, Dail

Title IX

Join us to learn more about safe choices, developing healthy relationships, and the support available to students.

EUC, Elm

Work While You're a Student

Need a job? Learn more about on campus employment.

EUC, Auditorium

3:15 - 4 p.m.

Spartan Expo

Connect with campus and community resources, enjoy exciting giveaways, and pick up your FREE SOAR t-shirt!

EUC, Cone Ballroom

3:30 - 4:30 p.m.

SpartanCard Photos

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Moran Commons 106