



# SOAR

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## RESOURCES

## GUIDE

# 2025-2026

# WHAT YOU CAN DO AT SOAR

## FIRST STEPS

- Attend the Welcome Session
- Follow YFY on Instagram @uncg\_yfy
- Save the YFY texting line into your phone: 1-336-541-6939

## BREAKOUT SESSIONS

Tackle SOAR Breakout Sessions by planning which sessions to attend!

- A
- B
- C

## SPARTAN EXPO

- YFY Station
- Connect with campus resources
- Get a stamp from 4 tables to receive your free t-shirt!

## EXPO CHALLENGE

Get **FOUR** stamps/stickers from different Campus Partners!



Make sure you stop by the YFY ZONE and get a stamp!



**COMPLETE THE CHALLENGE TO GET YOUR FREE T-SHIRT**  
IN THE UNCG BOOKSTORE LOCATED ON THE FIRST FLOOR OF THE EUC

## MEET YOUR SOS

MY SOS IS...

MY GROUP NUMBER IS....

## SPARTAN CARD

The SpartanCard is your all-in-one campus ID card gives you access to university programs and services!

- Take your SpartanCard Photo
- Pick up your SpartanCard if you uploaded your photo online!

Pick your SpartanCard up on SOAR day 2!

## UNCG MOBILE

UNCG Mobile keeps you connected to the latest information and resources for UNC Greensboro!

- Download the UNCG Mobile App
- Find the notifications icon on the homescreen
- Select "Your First Year" to opt-in and view YFY messages!

## AFTER YOU SOAR

Get prepared for your first year at the G!

- Submit your immunization records
- Confirm or waive enrollment in Student Blue Health Insurance
- Submit final transcripts to Undergraduate Admissions
- Pay your student bill

# MEET THE SOS

## SPARTAN ORIENTATION STAFF 2025-2026



**AIKA MWANRI**



**AILYN LEON-CRUZ**



**AMY GOMEZ-MORAN**



**ANDREA LOPEZ-ROBLES**



**BLANCA GONZALEZ**



**BRENDA DELACRUZ**



**BRIAN FLORES**

FINANCE  
Salisbury, NC



**BRIAN RAMIREZ**

COMPUTER SCIENCE  
Charlotte, NC



**CASSANDRA GALVAN-RUIZ**

PRE-NURSING  
Asheboro, NC



**EMELI HERNANDEZ-URENA**

MIDDLE GRADES EDUCATION  
Greensboro, NC



**EMILY CARACHURE**

ELEMENTARY EDUCATION  
High Point, NC



**FATIMA HERRERA RANGEL**

HUMAN DEVELOPMENT & FAMILY STUDIES  
Raleigh, NC



**FATIMA RAYA**

BUSINESS ADMINISTRATION  
Wilson, NC



**GLORIA SUKIDI**

COMPUTER SCIENCE  
Raleigh, NC



**ISAIAH AKINBO**

POLITICAL SCIENCE  
Charlotte, NC



**JA'SAI BRANCH**

MUSIC PERFORMANCE (POPTECH)  
Burlington, NC



PSYCHOLOGY  
Jacksonville, NC



KINESIOLOGY  
Chapel Hill, NC



**KAYLA STEFANIK**

BUSINESS ADMINISTRATION  
MARKETING  
Sanford, NC



**MATHEW AMBROSINO**

COMPUTER SCIENCE  
Greensboro, NC



**MIMI VALVERDE AVILA**

PRE-NURSING  
Winston-Salem, NC



**MONAE MCCRAY**

PSYCHOLOGY  
High Point, NC



**NATALIE RICHARDSON-HERNANDEZ**

PSYCHOLOGY  
Kannapolis, NC



**NELLY ALMEIDA SILVA**

PSYCHOLOGY  
Outer Banks, NC



**NY'KIRAH STREET**

BIOLOGY  
Henderson, NC



**PRAISE KIDIMBU**

BIOLOGY  
Raleigh, NC



**TAYLOR HYMAN**

KINESIOLOGY  
Clayton, NC



**TAYLOR SHERROD**

BIOLOGY  
Winston-Salem, NC



**TRINITY RICHARDSON**

ENGLISH  
Holly Springs, NC

# SOS

G

SPARTAN ORIENTATION STAFF

# CAMPUS RESOURCES

## 6-TECH (ITS Service Desk)

336.256.8324  
its.uncg.edu

## Academic Achievement Center

336.334.4925  
success.uncg.edu/departments/aac

## Accessibility Resources & Services

336.334.5440  
oars.uncg.edu

## Athletics Ticket Office

336.334.3250  
uncgspartans.com

## Campus Activities & Programs

336.334.5800  
cap.uncg.edu

## Campus Bookstore

336.334.5563  
uncg.bncollege.com

## Campus Safe Walk

336.334.5963  
police.uncg.edu/services

## Campus Violence Response Center

336.334.9839  
cvrc.uncg.edu

## Career & Professional Development

336.334.5454  
cpd.uncg.edu

## Cashiers and Student Accounts

336.334.5831  
spartancentral.uncg.edu/  
tuition-billing-payments

## Counseling Center

336.334.5340  
shs.uncg.edu/cc

## Dean of Students Office

336.334.5514  
sa.uncg.edu/dean

## Elliott University Center

336.334.5510  
euc.uncg.edu

## Esports

336.334.3236  
esports.uncg.edu

## Financial Aid and Scholarships

336.334.5702  
fia.uncg.edu

## Housing and Residence Life

336.334.5636  
hrl.uncg.edu

## Immunizations

336.334.5340  
shs.uncg.edu/immunizations

## Inclement Weather Line

336.334.4400  
spartanalert.uncg.edu/adverse-weather

## Intercultural Engagement

336.334.5090  
intercultural.uncg.edu

## International Programs Center

336.334.5404  
international.uncg.edu

## Leadership and Civic Engagement

336.256.0538  
olce.uncg.edu

## Math Help Center

336-256-2597  
success.uncg.edu/departments/  
math-help-center/

## New Student Transitions & First Year Experience

336.334.5231  
newstudents.uncg.edu

## Parking Operations & Campus Access Management

336.334.5681  
parking.uncg.edu

## Recreation & Wellness/Kaplan Center

336.334.4030  
recwell.uncg.edu

## Spartan Family Engagement

336.334.5099  
sa.uncg.edu/division-of-student-affairs/  
parents-families/

## Spartan Mail

336.256.0147  
businesscenter.uncg.edu/postal/

## SpartanCard

336.334.5651  
businesscenter.uncg.edu/spartancard/

## Student Employment

336.256.0403  
cpd.uncg.edu/career-ready/  
student-employment/work-on-campus/

## Student Health Services

336.334.5340  
shs.uncg.edu

## Student Rights and Responsibilities

336.334.4640  
osrr.uncg.edu

## Study Abroad & Exchanges

336.334.5404  
studyabroad.uncg.edu

## Teaching and Learning Commons

336.334.5980  
utlc.uncg.edu/residentialcolleges

## Title IX Office

336.256.0422  
titleix.uncg.edu

## The Communication Lab

336-334-3125  
success.uncg.edu/departments/  
communication-lab/

## Transfer Initiatives

336.334.3787  
success.uncg.edu/transfer-initiatives/

## TRIO Programs

336.256.1127  
success.uncg.edu/trio/

## UNCG Dining

336.334.4101  
dineoncampus.com/uncg

## UNCG Military-Affiliated Services

336.334.5632  
military.uncg.edu

## UNCG Police (Emergency)

336.334.4444  
spartanalert.uncg.edu/phone-numbers

## UNCG Police (Non-Emergency)

336.334.5963  
police.uncg.edu

## UNCG Theatre Box Office

336.334.4392  
vpa.uncg.edu/home/tickets-3

## Undergraduate Research, Scholarship and Creativity Office

336.334.4271  
utlc.uncg.edu/ursco

## University Libraries

336.334.5304  
library.uncg.edu

## University Main Line

336.334.5000

## University Registrar's Office

336.334.5946  
reg.uncg.edu

## Your First Year

336.541.6939  
go.uncg.edu/yfy

## ACADEMIC ADVISING CENTERS

### Bryan School of Business & Economics

336.334.5928

### College of Arts & Sciences

336.334.4361

### College of Visual & Performing Arts

336.256.0440

### Exploratory Majors

336.334.5730

### School of Education

336.334.3410

### School of Health & Human Sciences

336.334.9753

### School of Nursing

336.334.4686

Spartan Central is the one stop place for UNCG undergraduates to get information about tuition, financial aid, registration, graduation, and so much more.

**Spartan Central**

[spartancentral.uncg.edu](http://spartancentral.uncg.edu)

# RAWKIN' WELCOME WEEKS

G



1ST WEEKEND @ THE G

FRIDAY  
**15**  
**AUGUST**  
1st Friday @ the G!

SATURDAY  
**16**  
**AUGUST**  
RecFest

SUNDAY  
**17**  
**AUGUST**  
Live @ the G!

CHECK OUT FULL  
RWW SCHEDULE

MONDAY  
**18**  
**AUGUST**

NAV1GATE  
G  
FIRST DAY AT THE G

WEAR YOUR NAVY  
SOAR T-SHIRT



NEED  
HELP?  
STAY TUNED FOR MORE UPDATES FROM YFY.

LOOK FOR SPARTAN  
SPEARS ON THE FIRST  
2 DAYS OF CLASSES

YOURFIRSTYEAR

# GET INFO FAST

A QUICK REFERENCE TO PORTALS  
AND SITES FOR STUDENTS

## 1 UNCG LOGIN LIST

Username and password  
cheat sheet for students



## 2 SPARTAN CENTRAL

One stop place for important information



### NAV1GATE

FIRST DAY AT THE G

MONDAY | AUGUST 18 | 2025

7:45 a.m. Breakfast provided for all new students

Moran Commons, Fountain View Dining Hall  
• Residential students - Follow your RA to breakfast  
• Commuter students - Park in Walker Deck (Free) & head to the Fountain View Dining Hall for breakfast (free)

8:10 - 9:00 a.m. NAV1GATE ticket pick-up

Follow a NAVIGATOR from breakfast  
• Get your ticket in the Quad on your way to Fleming Gym

8:10 a.m. Doors open for NAV1GATE

Coleman Building, Fleming Gym  
• Have your SpartanCard ready to check-in

9:20 - 9:45 a.m. Chancellor's Welcome Celebration

Coleman Building, Fleming Gym

9:50 - 10:30 a.m. GPS: Get Prepared to Succeed

Coleman Building, Fleming Gym

10:45 - 11:45 a.m. Dean's Welcome

Various locations, follow your NAVIGATOR

11:45 a.m. Traditions Walk

Various locations, follow your NAVIGATOR

12 - 1:30 p.m. Bash @ the Caf & Spartan Dessert Bar

Moran Commons, Fountain View Dining Hall



TEXT YFY  
1-336-541-6939  
WITH QUESTIONS



TAG  
@UNCG & @UNCG\_YFY  
IN YOUR PICTURES



3

## SOCIAL MEDIA

Instagram: @UNCG\_yfy

4

## TEXTING LINE

1-336-541-6939

Text us your questions anytime



5

## FIRST YEAR CONNECT NEWSLETTER



A monthly e-newsletter  
highlighting important information

-GRAB YOUR NAV1GATE TICKET-  
YOUR FAN MATCHES YOUR COLLEGE OR SCHOOL COLOR!



Spartan SPEARS help students find their way around campus on the first two days of classes each semester. Look for the lime on Tuesday, August 20 and Wednesday, August 21!

Have questions? Follow Your First Year on Instagram for important information and updates throughout the year @uncg\_yfy

TEXT YFY: 1-336-541-6939

YOUR  
FIRST  
YEAR

RAWKIN'  
WELCOME  
WEEKS

Scan to view the full schedule of Rawkin' Welcome Weeks events!  
<https://newstudents.uncg.edu/yfy/rww/>



# STUDENT LEADERSHIP OPPORTUNITIES

New Student Transitions & First Year Experience believes that student leaders are vital to our work in supporting new Spartans in their transition to college.



Leadership Skills



Build Connections



Give Back



New Student Transitions & First Year Experience

## ONLINE PEER SUPPORTERS

The Online Peer Supporters are a resource for online-degree seeking students to provide academic tools, find resources, and adjust to the online learning environment.

## SPARTAN ORIENTATION STAFF

The Spartan Orientation Staff (SOS) help new students and their supporters transition to UNCG and serve as a resource for all new students during and after SOAR

## NAV1GATE

FIRST DAY AT THE G



**MORE INFO**

WEAR YOUR NAVY SOAR SHIRT  
BREAKFAST & LUNCH INCLUDED

MONDAY  
AUGUST 18

NEWSTUDENTS.UNCG.EDU



## STORM THE STREETS

JOIN THE SPIRIT MARCH  
TO THE MEN'S BASKETBALL HOME  
OPENER

Scan the QR  
Code for more  
information!



# YOUR FIRST YEAR

## SUCCESS SERIES

Kick off your first year at the G by participating in the YFY Success Series!

- ★ Time Management
- ★ Note Taking
- ★ Study Skills
- ★ Test Taking Strategies
- ★ Career Exploration
- ★ Communication Skills

Scan for more!



YOUR  
FIRST  
YEAR

ATTEND 5+  
EVENTS TO  
WIN

BECOME A WINNER!

Attend 5+ YFY Success Series events and become a winner!

- Success series certificate
- Free swag
- AND MORE!



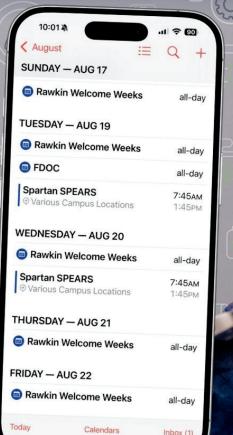
I JUST FINISHED MY  
FIRST SEMESTER!  
CONTACT US

yfy@uncg.edu  
 1-336-541-6939  
 @uncg\_yfy

## YOUR FIRST YEAR SUCCESS PLANNER

Coming Soon!

Get ready for an interactive digital planner experience with everything you'll need at your fingertips for a successful first year at the G! More info to come.



## SPARTANS THRIVE

UNCG'S Quality Enhancement Plan

The college experience redefined - your wellness journey is as pivotal as your academic voyage.



MAC Foundations

Spartan Experience

Spartans 1<sup>st</sup>  
Mentorship Program

“ How will you  
THRIVE in  
Your First Year? ”



# SPARTANS' FIRST MENTORING PROGRAM



Spartans' First Mentoring Program targets first time in college students, offering a smooth transition to campus life. Through the program, you'll be paired with a mentor who aligns with your academic path and will provide a support network from day one.

This connection aims at ensuring you thrive socially and emotionally, while addressing critical factors in overall well-being.



**Build confidence**



**Feel empowered to ask for help**



**Create connections that matter**



**Explore campus resources**

**Mentors and mentees are matched based on shared interests, majors, and life experiences!**



**SIGN UP FOR A MENTOR!**





Still need housing?  
Limited Space Available  
Email [hrl@uncg.edu](mailto:hrl@uncg.edu)



## ARE YOU READY FOR MOVE IN???

### Pre-Move In Tips!

- Purchase renters insurance to protect your stuff.
- Start talking to your roommate about expectations.
- Review our What to Pack/What Not to Pack List.

Learn more about Move-In and Stop, Drop, and Roll!

[go.uncg.edu/movein](http://go.uncg.edu/movein)



STUDENT AFFAIRS  
HOUSING &  
RESIDENCE LIFE

Phone.....336.334.5636

Email.....[hrl@uncg.edu](mailto:hrl@uncg.edu)

Website.....[hrl.uncg.edu](http://hrl.uncg.edu)

Social.....[@uncghrl](mailto:@uncghrl)

## OFFICE OF ACCESSIBILITY RESOURCES & SERVICES



### IF YOU ARE/HAVE:

Blind or Low Vision • Deaf or Hard of Hearing • Learning Disability (LD) • Attention Deficit Disorder (ADD/ADHD) • Mobility Disability • Psychological Disorders, including anxiety, depression, Bipolar, etc. • Medical Conditions • Any condition impacting a major life activity



### WE CAN HELP:

Extended time • Distraction  
Reduced Testing • Audio or E-Books • ASL Interpreters • Accessible Furniture • Other Reasonable Accommodations



CONNECT NOW  
[GO.UNCG.EDU/OARS.REGISTER](http://GO.UNCG.EDU/OARS.REGISTER)



OFFICE: 215 EUC  
PHONE: 336.334.5440  
WEB: [OARS.UNC.G.EDU](http://OARS.UNC.G.EDU)  
EMAIL: [OARS@UNC.G.EDU](mailto:OARS@UNC.G.EDU)

## STUDENTS FIRST OFFICE (SFO)

SFO is UNCG's Academic One-Stop-Shop with staff available to help any undergraduate student understand, navigate, and utilize academic policies and procedures.

### SFO can assist with:

Academic advising and registration procedures  
Major and minor exploration  
Course withdrawal  
Academic and Financial Aid Appeals  
Academic standing policy  
Graduation plans  
GPA calculations  
Starfish flags and referrals  
Academic and campus resources  
Strategies to address academic challenges

Follow us!



UNCG Students  
First Office



@UNC\_G\_SFO



@UNC\_G\_SFO



Forney Student Success Commons, Suite 101  
336-334-5730 | [students@uncg.edu](mailto:students@uncg.edu) | [studentsfirst.uncg.edu](http://studentsfirst.uncg.edu)

Consejeros disponibles  
en español!

# Don't be late, submit by the date!



## Immunization Records

Upload your Immunization Records through the online Patient Portal.

Scan the QR code to visit the Immunization Requirements page and watch the upload instructional video. Must be registered for classes first! The deadline is August 1, 2025.



## Insurance Verification

Complete the insurance requirement through the Student Blue Portal each semester. The deadline to verify your personal insurance information is September 10, 2025.

FOR QUESTIONS FEEL FREE TO CALL US AT 336.334.5340. VISIT OUR WEBSITE AT [SHS.UNCG.EDU](http://SHS.UNCG.EDU)

# COMPASSIONATE CARING CONVENIENT

## Services Offered

- PRIMARY MEDICAL CARE by Board Certified Medical Providers
- PRESCRIPTION REFILLS for Students, Staff and Faculty
- GYN SERVICES (including IUD and Nexplanon)
- MENTAL HEALTH & WELL-BEING

- LABORATORY & X-RAY
- SPORTS MEDICINE
- MASSAGE THERAPY
- IMMUNIZATION CLINIC



All UNCG students are welcome and eligible to receive services!

## PHARMACY SERVICES

Including Prescription Refills for Student, Staff and Faculty



Student Health Services has a full service pharmacy.



Most insurance benefits accepted for prescriptions!



Faculty, Staff and Students can have their prescriptions transferred from their previous pharmacy to ours with no hassle!

Refill requests can be made at any time by phone at (336) 334-3530, or by submitting a Rx refill request.



## Student Blue

UNC Greensboro students who are enrolled in StudentBlue have a \$15 co-pay and their prescriptions are covered at 100%.



VISIT OUR  
WEBSITE  
[shs.uncg.edu](http://shs.uncg.edu)

LOCATE US  
107 Gray Drive  
(across from Moore Strong)  
Residence Hall

CALL US  
336.334.5340  
main office number

# UNCG ACADEMIC SUPPORT PROGRAMS



UNC  
GREENSBORO  
Division of  
Student Success



## COMMUNICATION LAB

- Works with students on any communication project
- Helps with writing, speaking, or digital composing
- Assists at any point in the creation process



336.334.3125



commlab@uncg.edu



go.uncg.edu/commlab



## MATH HELP CENTER

- Provides content-based free tutoring
- Includes help for many 100- and 200-level courses
- Helps with mathematics, economics, statistics, physics, and more
- Tutoring is offered both in-person and online



336.256.2597



mathelp@uncg.edu



go.uncg.edu/mhc

## ACADEMIC ACHIEVEMENT CENTER

### TUTORING

- Trained, faculty recommended peer tutors
- Helps with many 100- and 200-level non-math department classes
- Small groups and drop-ins are available

### COACHING

- Peer-led small group and one-on-one coaching sessions
- Coaching helps with general academic skills, such as goal setting, time management, note taking, and more



336.256.8548



aac@uncg.edu



go.uncg.edu/aac

## UNIVERSITY PROCTORING LAB

- The University Proctoring Lab (UPL) provides a clean, quiet, and monitored testing environment
- The UPL also assists with accommodated testing and proctors for testing partners, such as ETS, CLEP, and more

- Available for out-of-class exams, tests, and quizzes, with faculty approval.
- Find more details on [testing.uncg.edu/upl](http://testing.uncg.edu/upl)



proctoring@uncg.edu

Follow us on Instagram to see hours, locations, events, and any important updates!



@uncgcommab



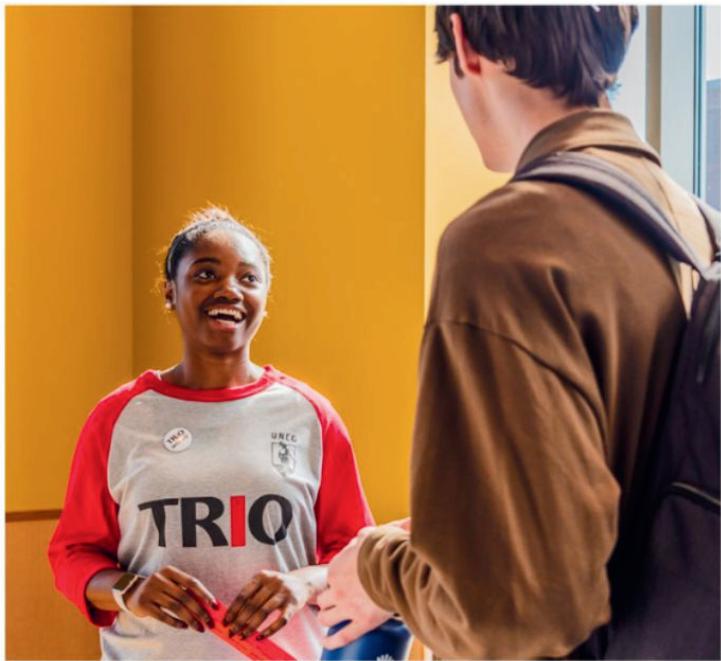
@uncg\_mhc



@aac\_ung

# TRIO

## Student Support Services Student Support Services - STEMH



## ELIGIBILITY

- **First Generation:** neither biological or adoptive parents have a bachelor's degree.
- **Low Income:** as determined by the Department of Education.
- **Disabled:** disability or disabling condition that is documented with the Office of Accessibility Resources & Services (OARS).

**VISIT US**  
**211 Forney, Student Success Commons**

**VISIT OUR RESOURCE CENTER**  
**113 Forney, Student Success Commons**

**Office Hours:** **Monday-Friday, 8AM-5PM**

**Web:** [success.uncg.edu/trio](http://success.uncg.edu/trio)

**Email:** [sss@uncg.edu](mailto:sss@uncg.edu)

**Phone Number:** **(336) 334-4925**

## WHAT WE OFFER

The TRIO program prepares you for success with services and tools that are available at no charge.

Transportation is provided to all campus activities.

## WHY JOIN THE SSS PROGRAM?

We provide wraparound services that promote academic, personal, and professional growth, as well as assistance navigating financial aid and financial literacy.

The Student Support Services (SSS) program is a part of the TRIO family of programs that supports students in achieving their dream of higher education.

*"As a first-generation college student, I have been able to use SSS resources that supported me to excel in my courses!"*

- **Miroslava Martinez**  
**SSS Classic Student**

## HOW TO APPLY



**SSS Classic** serves 210 undergraduate students in all majors and at all levels.

**< SCAN HERE**



**SSS STEM Majors (STEM-H)** serves 120 undergraduate students in STEM majors.

**< SCAN HERE**



# The University Libraries are OPEN!

*Pardon our dust...we're creating the library of the future!*

Both Jackson Library and Schiffman Music Library are open and ready to assist UNCG students.

Visit us during SOAR and in the fall!



## Digital Resources

Access to millions of e-books and journal articles



## Librarian Support

Research consultations, in person support, and virtual chat



## Interlibrary Loan

Borrow from libraries around the world



## Special Collections & University Archives

Explore archival materials in person and online

Learn more about the Jackson Library renovation at [library.uncg.edu](http://library.uncg.edu) or scan the QR code





UNC  
GREENSBORO

# OFFICE OF LEADERSHIP & CIVIC ENGAGEMENT



## WE PREPARE CHANGEMAKERS

We develop, promote, and advance civic engagement, leadership development, and meaningful service to create positive social change.

- Develop skills and gain experiences to add to your resume
- Impact your community during days of service and community service opportunities
- Earn a leadership medallion through the Spartan Leadership Challenge
- Learn about and address issues you care about
- Grow personally, professionally, and civically

**Leadership  
Development**

**Meaningful  
Service**

**Civic  
Engagement**

217 Elliott University Center | Greensboro, NC 27402  
[lead@uncg.edu](mailto:lead@uncg.edu) | 336.256.0538 | [olce.uncg.edu](http://olce.uncg.edu)



@UNCG\_OLCE

Sign-up for our weekly announcements to learn more about upcoming events!

# RATED E FOR EVERYONE

OFFICE OF INTERCULTURAL ENGAGEMENT

## WHO ARE WE?

The Office of Intercultural Engagement (OIE) supports our diverse student body in achieving academic goals by promoting student success through culturally rich experiences and affinity focused support.



FIND US ON INSTAGRAM @UNCG\_OIE



062 ELLIOTT UNIVERSITY CENTER [INTERCULTURAL.UNCG.EDU](http://INTERCULTURAL.UNCG.EDU) (336) 334-5090



## GET INVOLVED!

### Campus Activities and Programs (CAP)

CAP provides opportunities for students to create meaningful relationships, explore interests, and develop a sense of self and an appreciation for their community.

CAP manages major campus events and advises ACE, supports student group recognition and development, advises the Student Government Association, provides support to fraternity and sorority life chapters, and advises the student newspaper and radio station.

Learn more at [cap.uncg.edu](http://cap.uncg.edu)  
@uncgcap : @uncgfsl : @uncgace

250+  
STUDENT GROUPS  
offering a wide variety of interests

100+  
EVENTS FOR STUDENTS  
including carnivals, concerts, comedy shows

20+  
FRATERNITY & SORORITY LIFE CHAPTERS  
across four councils

## GETTING INVOLVED



### INTERGROUP DIALOGUE

Spartans in Dialogue is a 5-week interactive dialogue experience for all students that is designed to build meaningful relationships across difference.



### IDENTITY DEVELOPMENT & COMMUNITY

The Intercultural Leadership Council is open to all UNCG student organizations that promote, foster and encourage respect and meaningful **intercultural and cross-cultural understanding and appreciation** of similarities and differences.



### GENDER & SEXUALITY

The **Gender and Sexuality Educators** work to provide all students with programming centered around gender and sexuality including our **Safe and Trans Zone trainings!**

## EXPERIENCE COMMUNITY

### HERENCIA

UNCG LATINE/HISPANIC STUDENT COLLECTIVE

Herencia is a student collective that celebrates **Latine and Hispanic heritage and identity**. Herencia connects all students to campus and community resources, cultural programs, one-on-one support, and referrals to help students achieve academic goals.



### THE BLACK COLLECTIVE

The Black Collective (TBC) fosters community and celebrates African, African American, and Black identities. TBC recognizes the unique experiences of Black students and offers all students a platform for **connection, fellowship, personal growth, and academic success**.

MAKE MEMORIES  
MAKE A DIFFERENCE  
MAKE YOUR MARK



LEARN MORE ABOUT FRATERNITY & SORORITY LIFE  
AT UNC GREENSBORO

[go.uncg.edu/fsl](http://go.uncg.edu/fsl)  
 @uncgfsl



STUDENT AFFAIRS  
FRATERNITY & SORORITY LIFE

# PART-TIME JOB FAIR

WEDNESDAY  
AUG. 27  
1–4 PM  
EUC, CONE  
BALLROOM

Federal Work Study Jobs Available

Register in HANDSHAKE  
[handshake.uncg.edu](https://handshake.uncg.edu)



CAREER & PROFESSIONAL  
DEVELOPMENT  
336.334.5454 • [careers@uncg.edu](mailto:careers@uncg.edu)

**UNC**G STUDENT AFFAIRS  
CAREER & PROFESSIONAL  
DEVELOPMENT

We are here to help you:

Work On Campus      Explore your options      Apply for jobs

Strengthen your Resume      Expand your Network      Consider Grad School      And So Much More!

Network with Employers      Find an opportunity at a Career Fair      Meet with a Career Coach

[careers@uncg.edu](mailto:careers@uncg.edu) | [cpd.uncg.edu](mailto:cpd.uncg.edu) | 336.334.5454 | Elliott University Center #1



## SPARTAN EXPERIENCE

Level Up Your College Experience

- LEADERSHIP
- WELL-BEING
- CAREER
- CONNECTIONS
- INCLUSION



## SPARTAN FAMILY ENGAGEMENT



WELCOME to the SPARTAN FAMILY!

We are here to support you and your spartan during this journey.

### FEATURES

- Family Portal
- Parent & Family Advisory Council
- Newsletters
- Personalized Assistance
- Events



FOLLOW US



Spartan Well-Being is a Health Promotion and Prevention office that delivers intentional programming to prioritize the health and wellness of students



### SKILL BUILDING WORKSHOPS

- Sensible Sleep
- Financial Wellness
- Eating Well at the G
- Dimensions of Wellness
- Sexpectations
- Healthy Relationships
- Spartan Scents
- Stress Management
- Food Safety



### SUPPORT GROUPS

- Mindful Walking
- Spartans Together
- Healthy Behaviors
- Healthy Boundaries
- Muslim Student Support Group



### WELL-BEING AND FINANCIAL COACHING

A collaborative partnerships between the student and coach to co-create solutions and strategies to address student driven goals surrounding either their well-being or their financial wellness.



### CAMPUS WIDE OUTREACH

- HIV/STI Testing & Health Fair
- Be Well. Stay Well.
- Wellness Wednesdays
- Exam Prep Wellness Rooms
- Condom Fairy

#### Mental Health Trainings

- Ask. Listen Refer
- Question. Persuade. Refer.
- Mental Health First Aid

#### Monthly Social Norming Campaigns

- Suicide Prevention Month
- Domestic Violence Awareness
- Addictions & Alcohol Education
- Sexual Assault Awareness Month



### LEADERSHIP SKILLS DEVELOPMENT

Spartan Well-Being Action Team



SCAN FOR MORE INFO

# ARE YOU A FIRST GENERATION STUDENT?



What is a First Generation College Student?

Neither parent/guardian graduated from a 4 year university.

Watch this video to find out more!



## Who Supports First Generation Students?



'1st G' is a student led organization that serves to generate pride in first-generation students by fostering service to our community and providing a support network at UNCG.



'First G at the G' is a department-led committee that supports 1st generation college students in various roles on-campus.



JOIN TODAY



**UNCG**

STUDENT AFFAIRS  
RECREATION & WELLNESS

[recwell.uncg.edu](http://recwell.uncg.edu)



**UNC GREENSBORO**

Division of Student Affairs  
Counseling & Psychological Services

## GROUP COUNSELING & WORKSHOPS

Shared Spaces  
Focused on a Range of Mental Health Topics



**INDIVIDUAL COUNSELING**  
Free For students  
No insurance needed  
CALL (336) 334-5874 TO SCHEDULE A SCREENING



STUDENT AFFAIRS  
CAMPUS VIOLENCE RESPONSE CENTER

## CRISIS SERVICES

Need to talk to someone urgently?  
rapid access hours:

Monday-Friday 12:00PM- 4:00 PM

No appointment necessary

**UNCG**

**STUDENT AFFAIRS  
Counseling & Psychological Services**  
**FIND YOUR SUPPORT HERE!**

**PSYCHIATRY**  
low cost psychiatry services  
medication management  
Call (336) 334-5874  
to set up a screening

## CAMPUS VIOLENCE RESPONSE CENTER(CVRC)

A single point of access for UNCG students who have experienced violence, including sexual assault, intimate partner violence, stalking, sexual or gender-based harassment, and all other forms of violence.

### Services Include:

VICTIM ADVOCACY,  
TRAUMA-FOCUSED  
COUNSELING,  
GROUPS,  
WORKSHOPS, AND  
OUTREACH





# SPARTAN

EDUCATION SCHOLARS PROGRAM

Interested in Becoming a teacher?



**The UNCG Spartan Education Scholars Program** fosters servant leadership in a diverse, global context. Scholars engage in teaching-related activities that build leadership skills, strengthen community commitment, and deepen socio-cultural awareness. Development of global awareness, leadership, and civic responsibility will occur through engagement in a variety of activities.

These opportunities for an enriched professional and educational experience include:

- ✓ Early Internships
- ✓ International Experience
- ✓ Under Graduate Research
- ✓ Leadership Development
- ✓ Integrated Seminars
- ✓ Residential Living Community
- ✓ Community Engagement
- ✓ Alumni Network

For additional information please reach out to Dr. Faith Freeman at [fabrown@uncg.edu](mailto:fabrown@uncg.edu).



UNC GREENSBORO

Religious Life Council

We're a cooperative association of faith communities representing different perspectives of belief, sharing ideas, and working together.

# RLC

Connect with us!

**Campus Outreach (interdenominational)**  
[cocharlotte.org](http://cocharlotte.org) | [ebone.smith@campusoutreach.org](mailto:ebone.smith@campusoutreach.org)

**Catholic Campus Ministry**  
[greensborocatholic.com](http://greensborocatholic.com) | [hello@greensborocatholic.com](mailto:hello@greensborocatholic.com)

**Cooperative Baptist**  
[dolpj23@wfu.edu](mailto:dolpj23@wfu.edu) | 402-369-3261

**Episcopal Campus Ministry**  
[stmaryshouse.org](http://stmaryshouse.org) | [katy@stmaryshouse.org](mailto:katy@stmaryshouse.org)

**Intervarsity (interdenominational)**  
[intervarsity.org](http://intervarsity.org) | [phillip.watkins@intervarsity.org](mailto:phillip.watkins@intervarsity.org)

**Hillel (Jewish)**  
[nchillel.org](http://nchillel.org) | [info@nchillel.org](mailto:info@nchillel.org)

**Muslim Students Association**  
[uncgmsa@gmail.com](mailto:uncgmsa@gmail.com)

**Ukirk Greensboro (Presbyterian)**  
[linktree.ee/ukirkgso](http://linktree.ee/ukirkgso) | [ukirkgso@gmail.com](mailto:ukirkgso@gmail.com)

**Wesley-Luther (Methodist and Lutheran)**  
[wesleyluther.org](http://wesleyluther.org) | [info@wesleyluther.org](mailto:info@wesleyluther.org)

**VOLUNTEERS  
NEEDED**

# SOP

SPARTAN OPEN PANTRY



[wesleyluther.org/sop](http://wesleyluther.org/sop)

A free campus food pantry serving students and staff struggling to afford the food they need.

Follow us on social media!



Spartan Open Pantry

Smith Campus Ministries Center

# Building bridges, celebrating differences

Come visit the Smith Associated Campus Ministries Center!

We are an interfaith center in the heart of UNCG's campus, across from the Elliott University Center. Baptist, Catholic, Jewish, Lutheran, and Methodist groups that meet in the center welcome students of **all faiths and backgrounds**.

**Open all day:** The Smith ACM Center is open 9am-9pm. Quiet spaces, comfy lounges, TVs, board games, and coffee are all available.

**Counseling:** The center partners with Counseling to offer weekly LGBTQ+ and Latinx group meetings, Free Expressions art therapy, and personal counseling.

**Free dinners:** Join us for great food and fellowship every week!

**SOP:** The Smith ACM Center is home to the Spartan Open Pantry, serving UNCG students and staff experiencing food insecurity. The SOP distributed almost 70,000 pounds of food last year.

**Backyard haven:** Enjoy a peaceful, hidden spot with gardens, picnic tables, and a beautiful koi pond.



## CAMPUS TRADITIONS

### MINERVA

Minerva, the goddess of Wisdom. Tradition has it that if you take a bite of an apple and leave it at her statue, she'll bring you good luck on your exam!

### THE DAISY

The daisy is our official school flower and inspired the original two school colors of gold and white! It is tradition each year to give new students a daisy at NAV1GATE!

### THE RAWK

For 24 hours at a time, students use The Rawk as a message board to communicate with the entire campus.

### UNIVERSITY BELL

The ringing of the University bell is a tradition to open the academic year at the start of each fall semester at NAV1GATE! The bell is also run at Commencement.

### THE CLOCK

According to campus legend, students who walk underneath the clock tower won't graduate on time. Most students don't take any chances.

### THE DONUT

Legend has it that in 1980, Dunkin' Donuts were served at a staff meeting in the basement of Jackson Library. After the meeting, one donut remained, and that very donut is preserved and displayed in the Library!

## ACADEMIC CALENDAR

### NAV1GATE

August 18

### FIRST DAY OF CLASS

August 19

### FALL BREAK

October 13 - 14

### LAST DAY OF CLASS

December 3



Scan here for important semester by semester dates and deadlines!





## I WANT TO BE A:

- PHYSICAL THERAPIST
- ATHLETIC TRAINER
- COACH
- PHYSICIAN'S ASSISTANT
- SPORT PSYCHOLOGIST
- OCCUPATIONAL THERAPIST
- PERSONAL TRAINER
- FITNESS LEADER

UNCG's College of Visual and Performing Arts (CVPA) presents over 400 exhibitions, productions, and concerts a year in its Schools of Art, Dance, Music, and Theatre and brings world-class visiting artists to campus through the University Concert and Lecture Series (UCLS).

Many of these events are free, and the ticketed ones always include special student pricing.

Live Your Life with Live Arts!

[vpa.uncg.edu](http://vpa.uncg.edu)

## B.S. in KINESIOLOGY

### CONCENTRATIONS:

- SPORTS MEDICINE & MOVEMENT SCIENCE
- FITNESS SPECIALIST

### MINORS OPEN TO STUDENTS IN ANY MAJOR

- SPORT COACHING
- SPORT & SOCIAL DEVELOPMENT

Learn more:

[hhs.uncg.edu](http://hhs.uncg.edu)

[askhhs@uncg.edu](mailto:askhhs@uncg.edu)

### Do you want to...

- Work in healthcare but aren't exactly sure doing \*what\*?
- Promote healthy lifestyles and physical activity?
- Work with kids and families?
- Help individuals of all abilities and backgrounds live fulfilling lives?
- Influence policy and improve access to healthcare and resources?
- Lead programs to support individual and community wellbeing?
- Advocate for underserved populations?
- Foster peaceful, inclusive, and vibrant communities?

## We have a major for you.

Communication Sciences and Disorders

Community and Therapeutic Recreation

Genetic Counseling

Gerontology

Human Development and Family Studies

Human Health Sciences

Kinesiology

Nutrition

Peace and Conflict Studies

Public Health Education

Social Work



**UNC GREENSBORO**

School of Health  
and Human Sciences



@UNCGHHS @UNCG.HHS @UNCGHHS



#### TOPICS IN HIP HOP

MUS 212

#### JAZZ APPRECIATION

MUS 214

#### HISTORY OF ROCK MUSIC

MUS 229

#### MUSIC APPRECIATION

MUS 241

#### MUSIC FOR FILM

MUS 242

#### MUSIC AND POLITICS

MUS 370

#### POPULAR MUSIC

#### COMPOSITION & ARRANGING

MUP 114

#### COMPOSITION SKILLS

MUP 115

#### BEGINNING GUITAR

MUP 180

#### BEGINNING PIANO

MUP 182

#### BEGINNING UKULELE

MUP 184

#### MAKING MUSIC WITH COMPUTERS

MUP 220

#### LATIN JAZZ ENSEMBLE

ENS 301/601

Open to all university students.

#### STEELPAN ENSEMBLE

ENS 371/671

Open to all university students.

#### LATIN AMERICAN FOLK MUSIC ENSEMBLE

ENS 372/672

Open to all university students.

#### OLD TIME ENSEMBLE

ENS 377/677

Open to all university students.

#### INDIAN MUSIC ENSEMBLE

ENS 378/678/778

Open to all university students.

#### SPARTAN VOICES

ENS 380/680

Open to all university students.

#### UNIVERSITY CHORALE

ENS 382/682

Membership by audition. Open to all university students.

#### CORO DI BELLE VOCI

ENS 387/687

Membership by audition. This course is open to all UNCG students who are sopranos or altos.

#### CHAMBER SINGERS

ENS 388/688/788

Membership by audition.

#### SINFONIA

ENS 390/690

Open to all university students without audition.

#### SYMPHONY ORCHESTRA

ENS 391/691/791

Membership by audition. Open to all university students.

#### CONCERT BAND

ENS 392/692

Open to all university students without audition.

#### SYMPHONIC BAND

ENS 394/694

Open to all university students without audition.

#### WIND ENSEMBLE

ENS 393/693/793

Membership by audition. Open to all university students.

#### JAZZ ENSEMBLES I/II

ENS 395/ENS 396

Membership by audition. Open to all university students.

#### ATHLETIC BAND

ENS 397

Open to all university students.



[music.uncg.edu](http://music.uncg.edu)



uncgsom

THE WOMEN'S, GENDER,  
AND SEXUALITY STUDIES  
PROGRAM

# WELCOMES YOU TO UNCG

OUR LIFE-CHANGING CLASSES FULFILL  
REQUIREMENTS FOR GENERAL EDUCATION:  
**WGS 250 • WGS 270 • WGS 280**

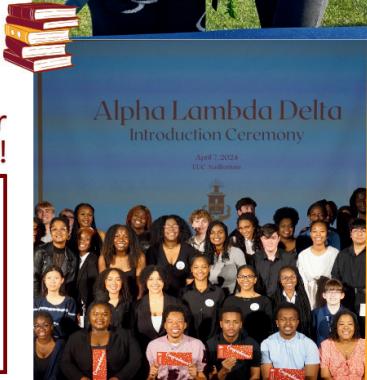
SCAN TO  
LEARN  
MORE



Women's, Gender, and  
Sexuality Studies Program

## ALPHA LAMBDA DELTA

A national honor society for  
first-year students that  
encourages academic  
achievement, intelligent  
living and learning, and  
assists the development of  
their goals.



### Opportunities for:

- Personal and professional development
- Community service
- Scholarships
- And more!

Scan for  
more info!



# UNCG IN SOUTH AFRICA

First Year  
Students  
Only!



Application  
Deadline:  
Aug. 15

Complete MAC  
Requirements Abroad!  
**SUMMER 2026**



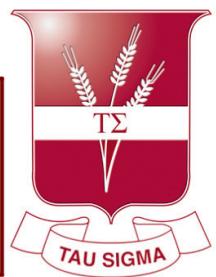
## TAU SIGMA

An academic honor society  
designed to recognize the  
academic excellence and  
involvement of transfer  
students.

### Opportunities for:

- Professional and career development
- Community among fellow transfer students
- Scholarships
- And more!

Scan for  
more info!



# CAMPUS ENTERPRISES

Making a difference for you



UNCG  
Dining



Parking &  
Transportation



Sustainability



UNCG  
Bookstore &  
Cafe



The Shops at  
Spartan Village



Vending



Spartan  
Card & Postal



<https://campusenterprises.uncg.edu/>



UNC  
GREENSBORO  
ALUMNI

ONCE A  
SPARTAN  
ALWAYS A  
SPARTAN



Get  
Connected!



**UNCG ALUMNI**  
 **@uncgalumni**  
 **UNCG ALUMNI**  
 **alumni@uncg.edu**

# FOLLOW UNCG ON SOCIAL

 @uncgreensboro

 +  @uncg

DOWNLOAD DIGITAL SWAG



[go.uncg.edu/digital-swag](http://go.uncg.edu/digital-swag)



FOLLOW OTHER CAMPUS ACCOUNTS



[go.uncg.edu/social-directory](http://go.uncg.edu/social-directory)

 SPARTAN DINING

## Scan For All Things Spartan Dining!



Explore:

-  2025 Meal Plan Options
-  Campus Dining Locations & Hours
-  Online Ordering with Transact Mobile

 Visit Our Website

[www.dineoncampus.com/uncg](http://www.dineoncampus.com/uncg)

## LinkedIn Learning

Don't forget to activate your **FREE** membership!

Learn:  
Software  
Coding  
Resume Writing  
Study Skills

Plus, earn free certifications and post accomplishments on your LinkedIn profile.



Activate: [go.uncg.edu/linkedinelearning](http://go.uncg.edu/linkedinelearning)



UNCG tech support:

**6-TECH SERVICE CENTER**

256-TECH (8324) or [6-TECH@uncg.edu](mailto:6-TECH@uncg.edu)

## DOWNLOAD THE UNCG MOBILE APP



-  Set notifications
-  Track the Spartan Chariot
-  Dining info
-  See laundry availability
-  And more!



[go.uncg.edu/getmobile](http://go.uncg.edu/getmobile)

# Student Personal Property Protection


 Protect everything  
that goes to college.

 Gallagher

**\$6,000 in coverage  
with a \$25 deductible  
for as little as \$152 per  
year.**

(Alternate limits and deductibles  
available.)


 Prepare for the ups and  
downs of college.

 Gallagher

**Protection For:**

- Computers
- Smart Phones & Tablets
- Electronics
- Exercise Equipment
- Bicycle
- Books
- Clothes
- School & Leased Items
- and Much More!


 Plan for those college experiences  
you would sooner forget.

 Gallagher

**Protection Against:**

- Accidental Damage
- Theft & Burglary
- Fire
- Flood
- Water Damage
- Vandalism
- Electrical Damage
- and So Much More!



# Free Rides!

**Students  
can travel  
the city  
for free  
with the  
UMO app!**

Scan the QR  
code to  
contact  
UNCG  
POCAM for  
your free  
UMO pass



 ride.connected.


 umo™

**HAND-PICKED  
GEMSTONE JEWELRY, STERLING  
RINGS, GIFTS, AND MORE!**



FOLLOW US  
 @SISTERSONTATE

# NOTES

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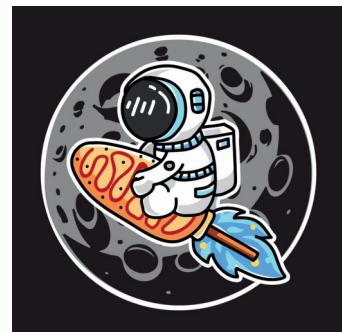
# NOTES

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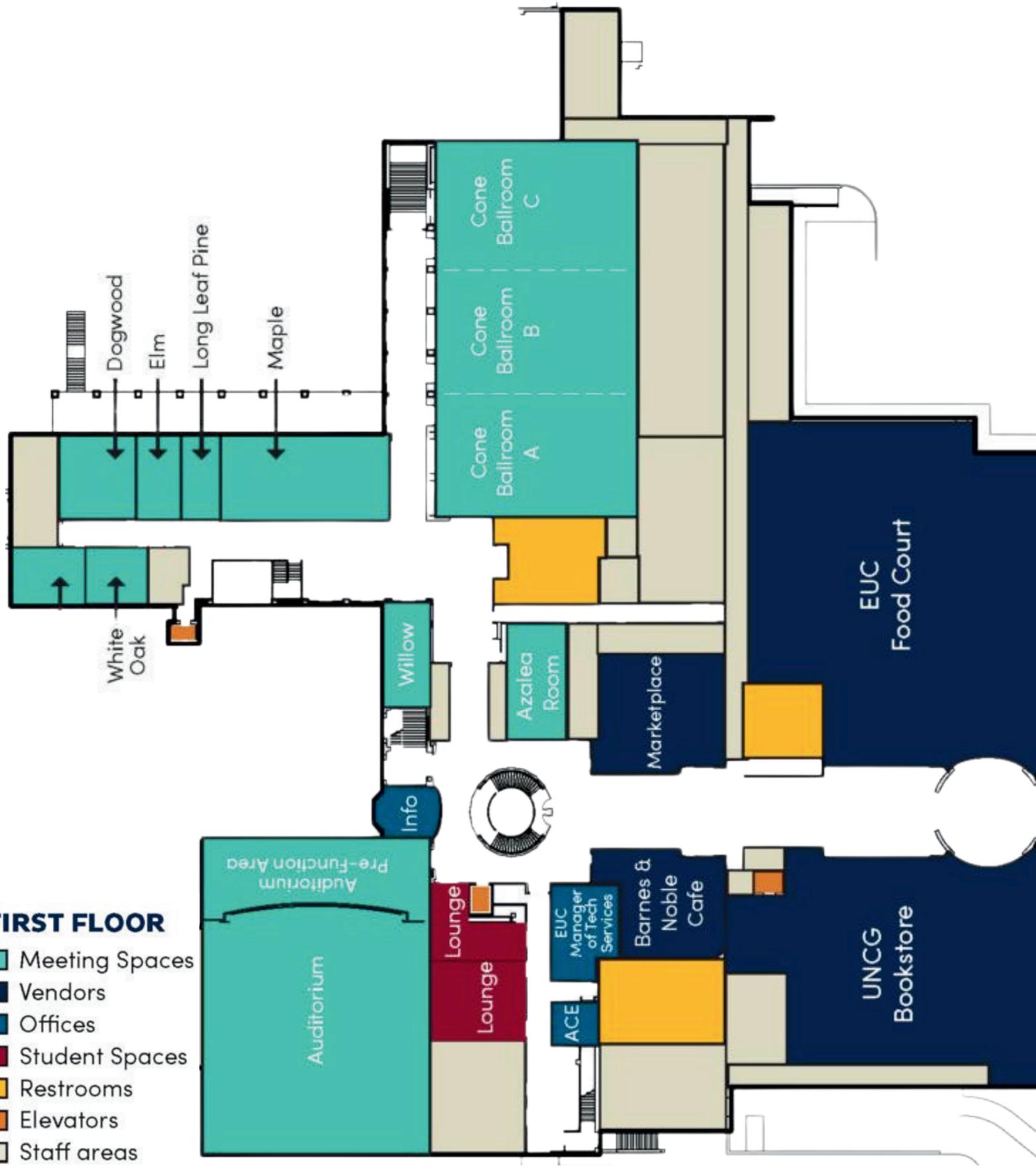
# NOTES

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# THANK YOU SOAR SPONSORS



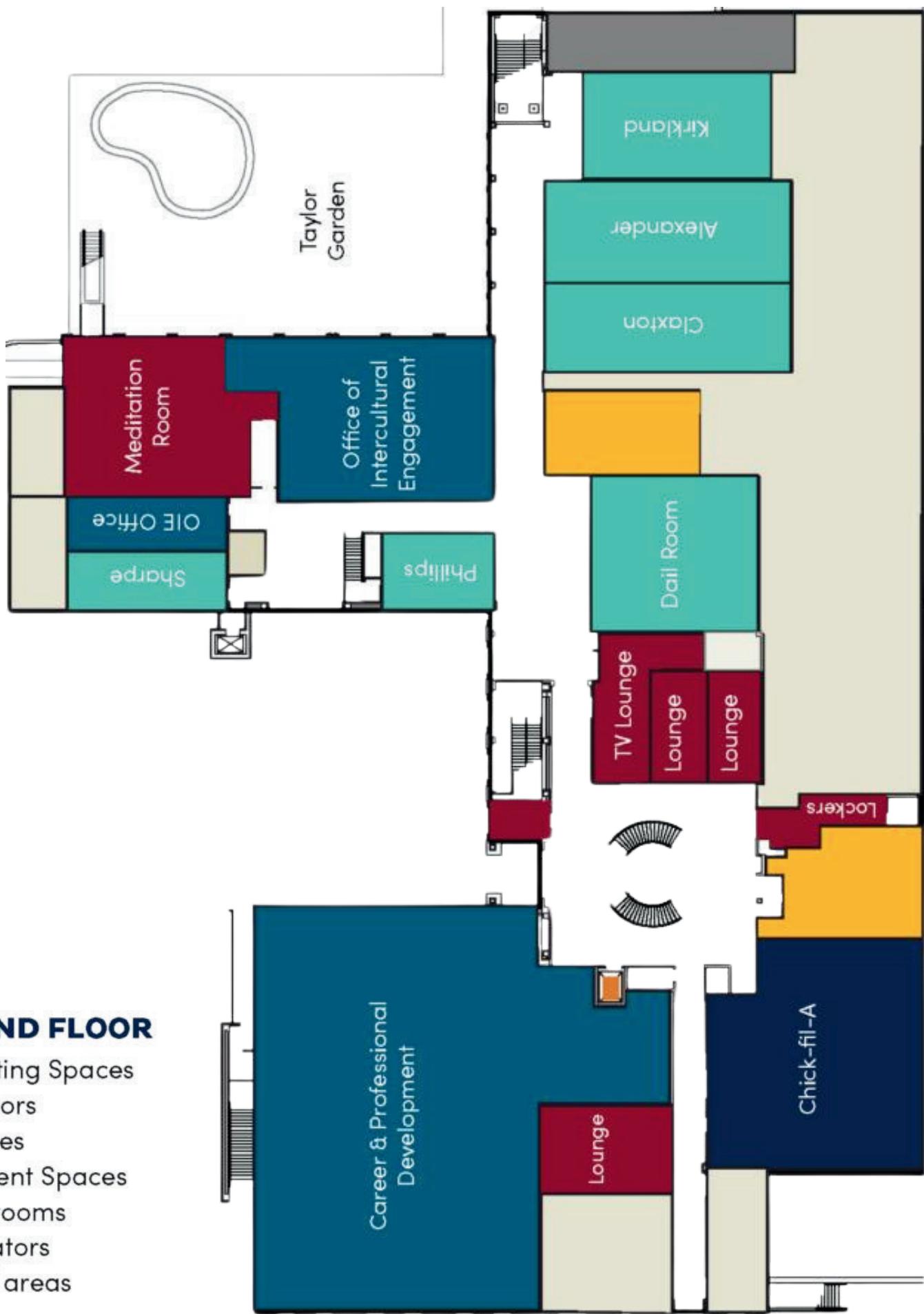
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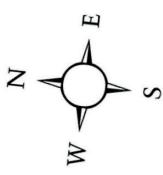


## FIRST FLOOR

- Meeting Spaces
- Vendors
- Offices
- Student Spaces
- Restrooms
- Elevators
- Staff areas

# CENTER MAP

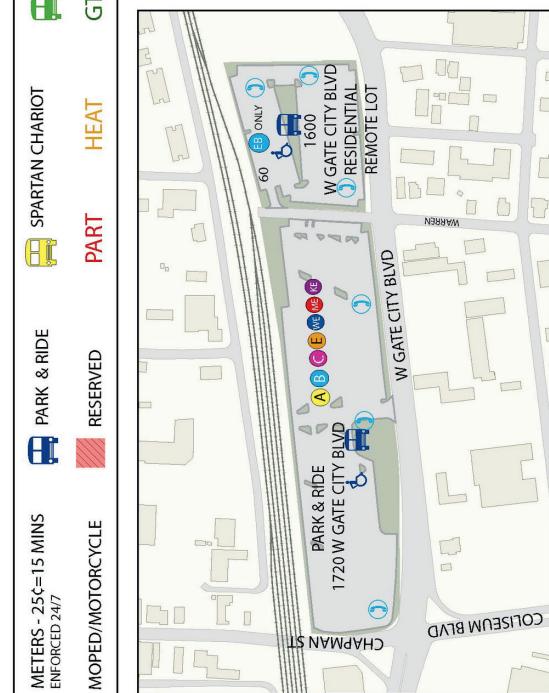
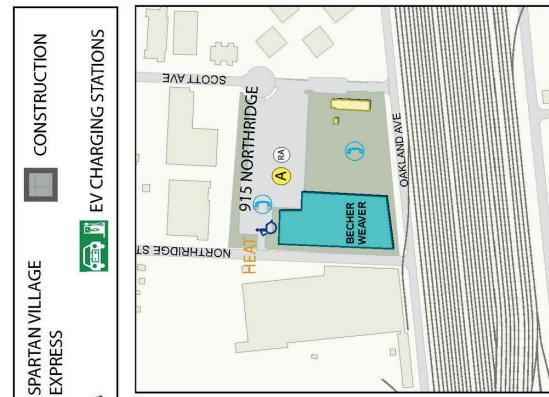
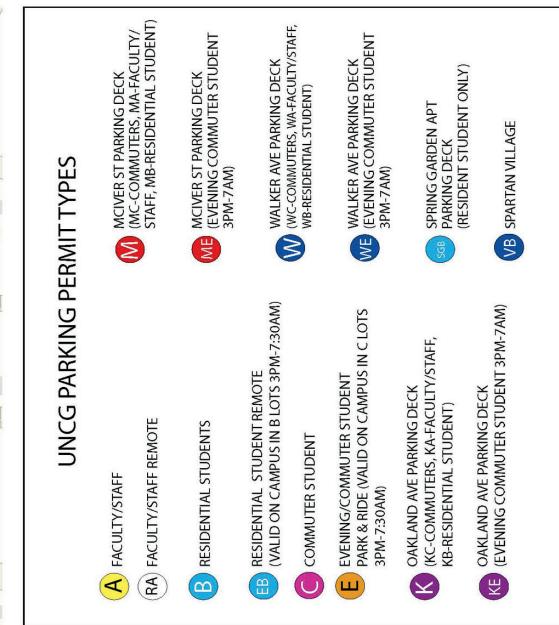
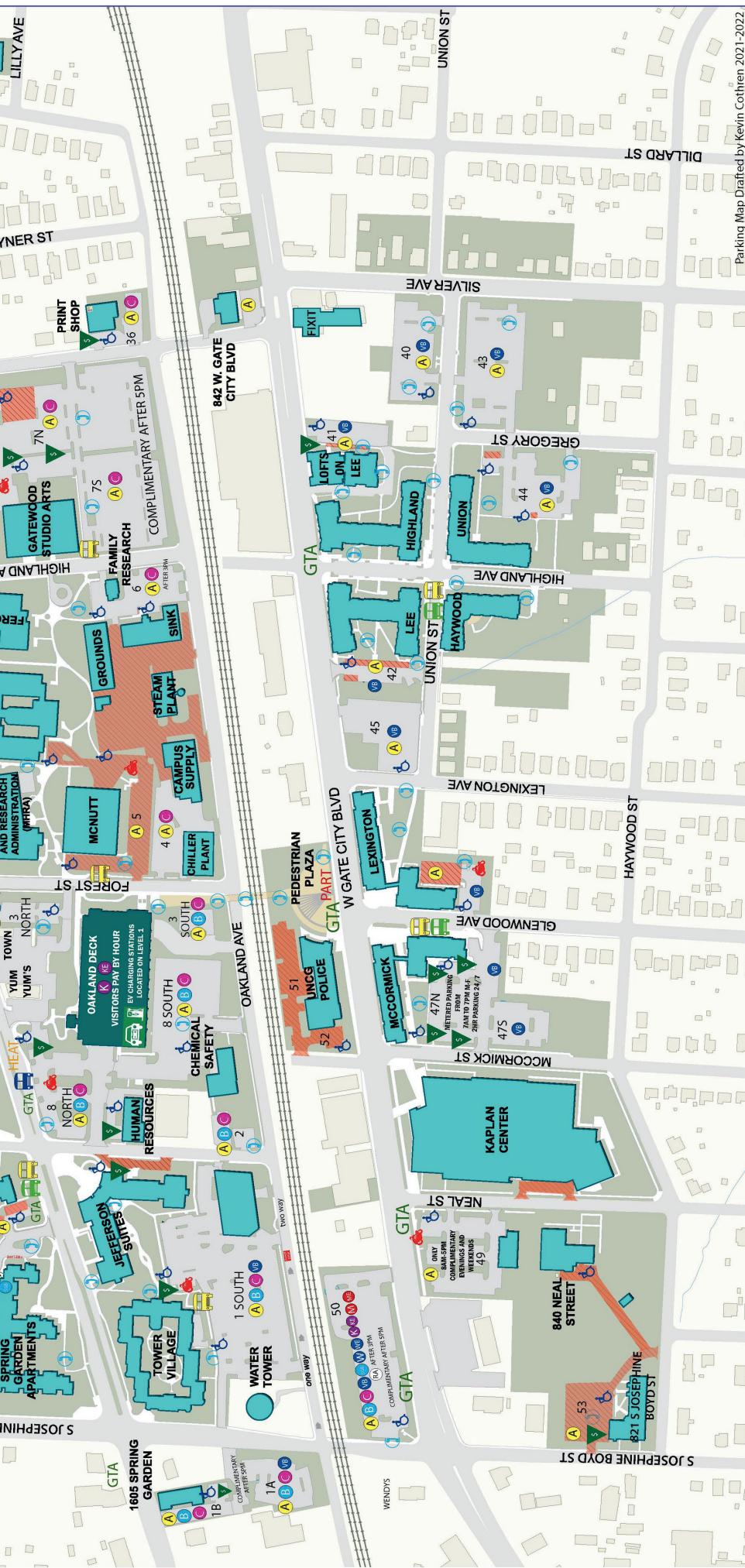




REFERENCE MAP FOR LOT NUMBERS		PERMIT TYPE
SEE LEGEND FOR CORRESPONDING PERMIT TYPE		
PARKING LOCATIONS		
1 - OAKLAND/S. JO BOYD	A,B,C,V	
1A - OAKLAND/S. JO BOYD	A,B,C,V	
1B - 160 SPRING GARDEN	A,B,C,V	
1C - 1621 SPRING GARDEN	A,B,C	
2 - OAKLAND/KEENWORTH	A,B,C	
3N - OAKLAND/HIGHLAND	A,B,C	
3S - OAKLAND/HIGHLAND	A,B,C	
4 - CAMPUS SUPPLY	A,C	
5 - MCNUTT	A ONLY	
6 - OAKLAND/HIGHLAND	A (AFTER 3PM)	
7 - OAKLAND/TATE	A,C	
8 - KENLWORTH	A,B,C	
9 - WALKER/S. JO BOYD	A,B,C	
12 - MOSSMAN	METERS	
13 - ADMIN DR	A ONLY	
14 - NIB	A ONLY	
15 - STONE	SPECIALIZED	
18 - NORTH DR EXT	SERVICE	
24 - GOVE HEALTH CTR	SPECIALIZED	
25 - COUNSELING CTR	A ONLY	
25A - HAWKINS	A ONLY	
26A - GRAY DR	A ONLY	
27 - WEIL/WINFIELD	A ONLY	
28 - PHILLIPS/HAWKINS	B	
29 - RAGSDALE	SPECIALIZED	
30 - N DRIVE CHILD CARE	A,RA	
31 - GROGAN	A,KA,WA,MA	
32 - TATE ST	A,C	
33 - STATE ST	B	
34 - MCNAUL	A ONLY	
35 - 1100 W MARKET	SPECIALIZED	
36 - 525 STATE	A,RA	
37 - MCNAUL	A,RA	
38 - NURSING ANNEX	A,RA	
39 - MCNAUL	A,RA	
40 - UNION/SILVER	A,VB	
41 - LOFTS ON LEE	A,VB	
42 - GATE CITY/UNION	A,VB	
43 - UNION/SILVER	A,VB	
44 - GREGORY/HAYWOOD	A,VB	
45 - UNION/LEXINGTON	A,VB	
46 - MCCORMICK ST	VB	
47 - LEXINGTON	A,VB	
49 - W GATE CITY/NEAL ST	A	
50 - 1410 W GATE CITY BLVD	A,C,V,B,G,K,W,M (NO PERMIT REQUIRED 5PM-7AM)	
51 - POLICE	RESERVED	
52 - POLICE	RESERVED	
53 - 821 JOSEPHINE BOYD ST	A	
60 - 1600 W GATE CITY BLVD	EB ONLY	
996 - SPRING GARDEN ST	A	
117 MCIVER ST	A	
119 MCIVER ST	A	
127 MCIVER ST	A	
1720 W GATE CITY BLVD	E,A,B,C, WE,K,M,E	

**UNC GREENSBORO**  
 Parking Operations &  
 Campus Access Management  
 Walker Avenue Parking Deck  
 506 Stirling Street  
 PO Box 26170  
 Greensboro, NC 27402-6170  
 (336)334-5681  
 Office Hours:  
 Monday - Friday: 7:30am - 5pm





# SOAR SCHEDULES

## STUDENTS



Scan the QR Codes to access the SOAR schedules!

## PARENTS & FAMILIES



SOAR

YOUR  
FIRST  
YEAR

1-336-541-6939

yfy@uncg.edu

@uncg\_yfy

First Year Connect  
Newsletter

STAY CONNECTED  
SIGN UP FOR NOTIFICATIONS

1. Download the UNCG Mobile app
2. Find the notification icon on the home screen
3. Select "Your First Year" to opt-in
4. View YFY messages!

LOOK FOR SPARTAN SPEARS ON THE FIRST  
TWO DAYS OF CLASSES!

