

# MEET THE SOS

# **SPARTAN ORIENTATION STAFF 2024–2025**



**AALIYAH LENOIR Pre-Nursing** Oxford, NC

Middle Grades Education

Meridian, MS

**FABBY CASTILLO** 

Pre-Nursing

Honduras

MILES SIMMONS

Laurel, MD

**SAV OSWALD** 

Psychology;

Social Work

Warrenton, NC

**Communication Studies** 



**DIAMOND MARTIN EMELI HERNANDEZ-**



**AMARIA YORK** Psychology Winston-Salem NC

URENA

**Middle Grades Education** 

Dominican Republic



AMADOR International Business Marketing Siler City, NC



**FATIMA RAYA Business Administration** Wilson, NC



**KATE VAZQUEZ** RIVERÀ Social Work



NICOLE DELGADO-ROJAS **Business Administration** Charlotte, NC



**Business Administration** 



SPARTAN ORIENTATION STAFF



**BREANA CONNELLY BRIAN FLORES** Consumer, Apparel, & Retail Studides Stanley, NC

**GISSELE VASQUEZ** 

Human Development &

**Family Studies** 

Zebulon, NC

**MAC KOFFA** 

Dance Performance, &

Choreography

Raleigh, NC

SAMY REZA MENDOZA

Faison, NC

**VENESIA TRAVIS** 



LOPEZ

Finance

Salisbury, NC



**BRYSON NGUYEN Business Administration** London, KY



**ISAIAH AKINBO** Political Science Charlotte, NC

M.J.JONES

**Elementary Education** 

Wilson, NC

SARAHI MARTINEZ-GALVAN

Accounting

High Point, NC

ORIA DAVID-

EGBO

Psychology

Waxhaw, NC

VICT



JOHN SINGLETON Biology Washington, NC



**MEAGHAN BALDWIN Pre-Nursina** Farmington, CT



**RAE BROWN** Human Development & Family Studies; Peace & **Conflict Studies** Waxhaw, NC



VIVI SMITH RODRIGUES Kinesiology Portugal





**KARLA CRUZ** 

**Political Science** 

NATALIE RICHARDSON Exploratory Kannapolis, NC



SOPHIA YANNARELLA **Arts Administration** Denver, CO

Charlotte, NC

Human Development & Family Studies; Communication Studies



THOMAS LOVELL

# **CAMPUS RESOURCES**

6-TECH (ITS Service Desk) 336.256.8324 its.uncg.edu

Academic Achievement Center 336.334.4925 success.uncg.edu/departments/aac

Accessibility Resources & Services 336.334.5440 oars.uncg.edu

Athletics Ticket Office 336.334.3250 uncgspartans.com

Campus Activities & Programs 336.334.5800 cap.uncg.edu

Campus Bookstore 336.334.5563 uncg.bncollege.com

Campus Safe Walk 336.334.5963 police.uncg.edu/services

Campus Violence Response Center 336.334.9839 cvrc.unca.edu

Career & Professional Development 336.334.5454 cpd.uncg.edu

Cashiers and Student Accounts 336.334.5831 spartancentral.uncg.edu/ tuition-billing-payments

Counseling Center 336.334.5340 shs.uncg.edu/cc

Dean of Students Office 336.334.5514 sa.uncg.edu/dean

Elliott University Center 336.334.5510 euc.uncg.edu

**Equity, Diversity, and Inclusion** 336.334.4927 diversity-inclusion.uncg.edu

Esports 336.334.3236 esports.uncg.edu

Financial Aid and Scholarships 336.334.5702 fia.uncg.edu

Housing and Residence Life 336.334.5636 hrl.uncg.edu

Immunizations 336.334.5340 shs.uncg.edu/immunizations

Inclement Weather Line 336.334.4400 spartanalert.uncg.edu/adverse-weather Intercultural Engagement 336.334.5090 intercultural.uncg.edu

International Programs Center 336.334.5404 international.uncg.edu

Leadership and Civic Engagement 336.256.0538 olce.uncg.edu

New Student Transitions & First Year Experience 336.334.5231 newstudents.uncg.edu

Parking Operations & Campus Access Management 336.334.5681 parking.uncg.edu

Recreation & Wellness/Kaplan Center 336.334.3060 recwell.uncg.edu

Residential Colleges 336.334.5980 utlc.uncg.edu/residentialcolleges

Spartan Family Engagement 336.334.5514 spartanfamily.uncg.edu

Spartan Mail 336.256.0147 businesscenter.uncg.edu/postal/

SpartanCard 336.334.5651 businesscenter.uncg.edu/spartancard/

Student Employment 336.334.5454 cpd.uncg.edu/studentemployment/students

Student Health Services 336.334.5340 shs.uncq.edu

Student Rights and Responsibilities 336.334.4640 osrr.uncg.edu

Study Abroad & Exchanges 336.334.5404 studyabroad.uncg.edu

**Title IX Office** 336.256.0422 titleix.uncg.edu

The University Speaking Center 336.256.1346 speakingcenter.uncg.edu

The University Writing Center 336.334.3125 writingcenter.uncg.edu

TRIO Programs 336.334.4925 success.uncg.edu/departments/ opportunity-programs/trio

UNCG Dining 336.334.4101 dineoncampus.com/uncg **UNCG Military-Affiliated Services** 336.334.5632 military.uncg.edu

UNCG Police (Emergency) 336.334.4444 spartanalert.uncg.edu/phone-numbers

UNCG Police (Non-Emergency) 336.334.5963 police.uncg.edu

UNCG Theatre Box Office 336.334.4392 vpa.uncg.edu/home/tickets-3

Undergraduate Research, Scholarship and Creativity Office 336.334.5980 utlc.uncg.edu/ursco

University Libraries 336.334.5304 library.uncg.edu

University Main Line 336.334.5000

University Registrar's Office 336.334.5946 reg.uncg.edu

Your First Year 336.541.6939 newstudents.uncg.edu/yfy

#### ACADEMIC ADVISING CENTERS

Bryan School of Business & Economics 336.334.5928

College of Arts & Sciences 336.334.4361

College of Visual & Performing Arts 336.334.0440

Exploratory Majors 336.334.5730

School of Education 336.334.3410

School of Health & Human Sciences 336.334.9753

School of Nursing 336.334.4686

Spartan Central is the one stop place for UNCG undergraduates to get information about tuition, financial aid, registration, graduation, and so much more.

Spartan Central

spartancentral.uncg.edu

# WHAT YOU CAN DO AT FIRST STEPS SPARTANCARD

**Attend the Welcome Session** 

Follow YFY on Instagram @uncg\_yfy

Save the YFY texting line into your phone: 1-336-541-6939

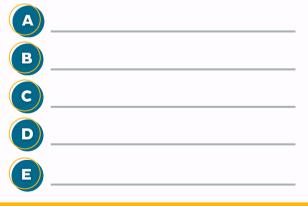
# **MEET YOUR SOS**

#### MY SOS IS...

#### **MY GROUP NUMBER IS....**

### **BREAKOUT SESSIONS**

Tackle SOAR Breakout Sessions by planning which sessions to attend!



# RESOURCES

Use this space to write down any resources you want to use this semester!

The SpartanCard is your all-in-one campus ID card gives you access to university programs and services!



**Take your SpartanCard Photo** 

Pick up your SpartanCard if you uploaded your photo online!

Pick your SpartanCard up on SOAR day 2!

# **UNCG MOBILE**

UNCG Mobile keeps you connected to the latest information and resources for UNC Greensboro!

- Download the UNCG Mobile App
- Find the notifications icon on the homescreen

Select "Your First Year" to opt-in and view YFY messages!

### **SPARTAN EXPO**



Pick up your t-shirt ticket

**Connect with campus resources** 

# AFTER YOU SOAR

Get prepared for your first year at the G!



Submit your immunization records



Confirm or waive enrollment in Student Blue Health Insurance



**Undergraduate Admissions** 



Pay your student bill





# **OPPORTUNITIES**

New Student Transitions & First Year Experience believes that student leaders are vital to our work in supporting new Spartans in their transition to college.







Build Connections







Give

Back

Peer Academic Leaders (PALs) serve new students as advocates, teaching assistants, and mentors in the FYE 101: Succeed at the G class, a MAC Foundations course.



# **GET INFO FAST**



# **UNCG LOGIN LIST**

Username and password cheat sheet for students



# **2** SPARTAN CENTRAL

One stop place for important information





### SOCIAL MEDIA

Instagram: @UNCG vfv





PEER ACADEMIC LEADER



A monthly e-newsletter highlighting important information

# NAV1GATE FIRST DAY AT THE G



**NEWSTUDENTS.UNCG.EDU** 

#### FYE 101: SUCCEED AT THE G

### **FYE 101:** CCEED AT THE G

FYE 101: Succeed at the G is a 3-credit, Minerva's Academic Curriculum (MAC) Foundations course designed to help new students transition successfully to academic and student life. Students will connect with the UNCG community, campus resources and opportunities, while developing skills essential for academic success, and beginning their journey to discover their own purpose and potential.

#### SAVE THE DATE

FYE 101 SUMMER CONNECTIONS AUGUST 1, 2024

FYE 101 Summer Connections is a virtual opportunity offered for students registered for FYE 101: Succeed at the G for the fall semester.



Meet your fellow FYE classmates



**Contact Us** 

**Connect with your** Peer Academic Leader (PAL)

Learn more about your MAC Foundations course, FYE 101: Succeed at the G! Want to learn more? Scan here!



🖻 yfy@uncg.edu

newstudents.uncg.edu

UNIVERSIT H CARO

# **YOUR FIRST YEAR**

# **SUCCESS SERIES**

#### Kick off your first year at the G by participating in the YFY Success Series!

- ★ Time Management
- ★ Note Taking
- ★ Study Skills
- ★ Test Taking Strategies
- ★ Career Exploration
- Communication Skills







ATTEND 5+ **EVENTS TO** 

- - WIN
- **BECOME A WINNER!**

Attend 5+ YFY Success Series events and become a winner!

- Success series certificate
- **Free swag**
- AND MORE!

#### **CONTACT US**

JUST FIN

- yfy@uncg.edu
- 1-336-541-6939
- @uncg\_yfy



YOURFIRSTYEAR SUCCE DLANNER

2024-2025

The planner provides you with checklists, daily reminders, weekly and monthly calendars to help you reach your academic and personal goals!



#### **ALL NEW STUDENTS** WILL RECIEVE A SUCCESS PLANNER AT NAV1GATE

ALPHA LAMBD

A national honor society for first-year students that encourages academic achievement, intelligent living and learning, and assists the development of their aoals.



### **Opportunities for:**

Personal and professional development

JSGM

- Community service opportunities
- **Scholarships**
- And more!



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OIN THE SPIRIT MARCH TO

Scan the QR Code for more information!

THE MEN'S BASKETBALL

HOME OPENER



Scan for more info!





Scan for more info!



**Opportunities for...** 

involvement of transfer students!

- Professional & career development
- Community among other transfer students

An academic honor society designed to recognize the academic excellence and

- Scholarships
- And more!

Are you ready for Move In?

### Learn more about Move In



Visit: go.uncg.edu/movein

**Still need housing?** 

Limited space available.

Email HRL@uncg.edu

STUDENT AFFAIRS HOUSING & RESIDENCE LIFE

UDENT AFFAIRS

STUDENT HEALTH

SERVICES

Phone......336.334.5636 Email.....hrl@uncg.edu Website.....hrl.uncg.edu Social......Quncghrl

Don't be late, submit by the date!



#### **Immunization Records**

**Upload your Immunization Records** through the online Patient Portal.

Scan the QR code to visit the Immunization Requirements page and watch the upload instructional video. Must be registered for classes first! The deadline is August 1, 2024.



**Insurance Verification** 

Complete the insurance requirement through the Student Blue Portal each semester. The deadline to verify your personal insurance information is September 10, 2024.

FOR QUESTIONS FEEL FREE TO CALL US AT 336.334.5340. VISIT OUR WEBSITE AT SHS.UNCG.EDU



**UNCG's Quality Enhancement Plan** Health and Wellness



- MAC Foundations Course
- Spartan Experience
- Spartans' 1<sup>st</sup> Mentorship Program

















2024-2025

# SPARTAN'S FIRST MENTORING PROGRAM "Spartans' First Mentoring



- **Build Confidence Understand College Dynamics** Learn Resilience &
- Resourcefullness
- **Academic Guidance**

Program" targets first time in college students, offering a smooth transition to campus life. Through the program, you'll be paired with a mentor who aligns with your academic path and will provide a support network from day one. This connection aims at ensuring you thrive socially and emotionally, while addressing critical factors in overall well-being.

Mentors and mentees are matched based on shared interests, majors, and life experiences!

SIGN UP FOR A MENTOR

YOU'RE NOT JUST A STUDENT; YOU'RE A MULTIFACETED SPARTAN!



For more information on Well-Being competency check Spartan Connect.



#### GREENSBORO CONNECT WITH THE Academic Achievement Center **ACADEMIC ACHIEVEMENT CENTER**

Tutoring, academic success coaching, proctoring, workshops, and more!



Available to all UNCG students at no additional cost

WANT MORE INFO? CHECK US OUT: HTTP://GO.UNCG.EDU/AAC JACKSON LIBRARY, LOWER LEVEL AAC@UNCG.EDU OR 336-334-3878







# University Libraries

The University Libraries are the crossroads of knowledge at UNCG - at the center of teaching, learning, and research.



journal articles

Consultations and virtual chat



Borrow from libraries around the world



Learn about our upcoming renovation at https://library.uncg.edu/reno/index.aspx or by scanning the QR code



# OMPASSIONATE CARING





All UNCG students are welcome and eligible to receive services!

#### PHARMACY SERVICES

Including Prescription Refills for Student, Staff and Faculty

#### Services Offered

- PRIMARY MEDICAL CARE by Board Certified Medical Providers
- PRESCRIPTION REFILLS for Students, Staff and Faculty
- WOMEN'S HEALTH (including IUD and Nexplanon)
- MENTAL HEALTH & WELL-BEING
- ittiin 🖸

VISIT OUR WEBSITE shs.uncg.edu

- LABORATORY & X-RAY
- SPORTS MEDICINE
- MASSAGE THERAPY
- IMMUNIZATION CLINIC

#### LOCATE US **107 Gray Drive** (across from Moore Strong)

Residence Hall

**Student Health Services** has a full service pharmacy.

Most insurance benefits accepted for prescriptions!



83

Faculty, Staff and Students can have their prescriptions transferred from their previous pharmacy to ours with no hassle!

Refill requests can be made at any time by phone at (336) 334–3530, or by submitting a Rx refill request.

#### Student Blue

UNC Greensboro students who are enrolled in StudentBlue have a \$15 co-pay and their prescriptions are covered at 100%.

CALL US

336.334.5340 main office number







#### SPARTAN RECOVERY IS TRANSFORMATIVE

Spartan Recovery is more than just a place. It is a transformative community. One that nurtures social, academic and professional success for those seeking or living in recovery from alcohol and other drugs.

#### SPARTAN RECOVERY IS SUCCESS

Here in this welcoming environment, we go beyond the ordinary. We are a support system and a family. What we do is simple, yet profound. We provide individual and community support, fostering a space for growth and healing.

Recovery is not just overcoming challenges. It is about discovering a student's true self, potential and strength. Spartan Recovery is where hope thrives, stigma fades, and lives are transformed.

TOIN US IN MAKING AN IMPACT!



YOUR SUPPORT PROMOTES SUCCESS

#### OFFICE OF ACCESSIBILITY **RESOURCES &** SERVICES

#### **IF YOU ARE/HAVE:**

Blind or Low Vision • Deaf or Hard of Hearing • Learning Disability (LD) • Attention Deficit Disorder (ADD/ADHD) • Mobility Disability • Psychological Disorders, including anxiety, depression, Bipolar, etc. • Medical Conditions • Any condition impacting a major life activity



#### **CONNECT NOW GO.UNCG.EDU/OARS.REGISTER**



OFFICE: 215 EUC PHONE: 336.334.5440 WEB: OARS.UNCG.EDU EMAIL: OARS@UNCG.EDU



#### WE CAN HELP:

Extended time • Distraction Reduced Testing • Audio or E-Books • ASL Interpreters • Accessible Furniture • Other **Reasonable Accommodations** 







# THEOFFICE OF INTERCUENT

# MEET OIE

The Office of Intercultural Engagement (OIE) at UNC Greensboro is dedicated to fostering an inclusive campus community where all students thrive. We empower students to develop their self-awareness, knowledge, and skills to navigate and celebrate our interconnected world.

OIE creates and delivers co-curricular programs to bring all students together for the purpose of deepening and broadening awareness, knowledge, and skill around identity, culture, and our interconnected fate.

Through engaging programs, dialogue, and community building, we equip our Spartans to become responsible citizens who embrace differences and champion equity and justice.



#### **GENDER & SEXUALITY**

Our G&S Educators work to provide you with programming centered around gender and sexuality including our Safe and Trans Zone trainings!

#### INTERGROUP DIALOGUE & SOCIAL JUSTICE



Through open dialogues, interactive workshops, and diverse perspectives, our peer-run Kaleidoscope program helps you understand the complexities of social justice and build meaningful connections across identities.



#### **IDENTITY DEVELOPMENT & COMMUNITY**

The Intercultural Leadership Council is open to any UNCG student organization whose mission is in line with that of the Office of Intercultural Engagement — to promote, foster and encourage respect and meaningful intercultural and cross-cultural understanding and appreciation of similarities and differences.



#### INTERCULTURAL RESOURCE CENTER

UNCG students looking for a welcoming space to study, connect with others, and explore different cultures can visit the Intercultural Resource Center (IRC)





















DON'T MISS IT Culture Bash Block Party AUG 21 @ 5PM-8PM Moran commons [The Fountain]

#### STUDENT COLLECTIVES

#### HERENCIA

UNCG OIE Herencia is a student collective for Latine/Hispanic students at UNCG that connects them with campus resources and celebrates their heritage. They provide cultural programs, one-on-one support, and referrals to help students succeed.

#### THE BLACK COLLECTIVE

Overview Statement: The Black Collective (TBC) is a dedicated space designed to foster a supportive and vibrant community for all Black students at UNCG. We recognize the unique experiences of Black students and strive to provide a platform for connection, fellowship, personal growth, and academic success.

#### 062 ELLIOTT UNIVERSITY CENTER • INTERCULTURAL.UNCG.EDU • (336) 334-5090



#### *STUDENT AFFAIRS* CAREER & PROFESSIONAL DEVELOPMENT





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Strengthen your **Resume** 







#### Campus Activities and Programs (CAP)

CAP provides opportunities for students to create meaningful relationships, explore interests, and develop a sense of self and an appreciation for their community.

CAP manages major campus events and advises ACE, supports student group recognition and development, advises the Student Government Association, provides support to fraternity and sorority life chapters, and advises the student newspaper and radio station.

Learn more at cap.uncg.edu @uncgcap : @uncgfsl : @uncgace

REENSBORO

**CIVIC ENGAGEMENT** 

WE CREATE CHANGEMAKERS

and meaningful service to create positive social change.

• Learn about and address issues you care about

217 Elliott University Center | Greensboro, NC 27402

lead@uncg.edu 336.256.0538 olce.uncg.edu

· Grow personally, professionally, and civically

Leadership Development

Develop skills and gain experiences to add to your resume
Participate in days of service and community service opportunities

**OFFICE OF** 

**LEADERSHIP &** 

250+ STUDENT GROUPS offering a wide variety of interests

100+ EVENTS FOR STUDENTS including carnivals, concerts, comedy shows

20+ FRATERNITY & SORORITY LIFE CHAPTERS across four councils

Civic

Engagement



careers@uncg.edu | cpd.uncg.edu | 336.334.5454 | Elliott University Center #1

### MAKE MEMORIES MAKE A DIFFERENCE MAKE YOUR MARK



#### LEARN MORE ABOUT FRATERNITY & SORORITY LIFE AT UNC GREENSBORO go.uncg.edu/fsl

STUDENT AFFAIRS

FRATERNITY &

SORORITY LIFE



Sign-up for our weekly announcements to learn more about upcoming events!

Meaningful

Service

We develop, promote, and advance civic engagement, leadership development,

• Earn a leadership medallion through the Spartan Leadership Challenge

#### **ARE YOU A FIRST** GENERATION **STUDENT?**

Neither parent/guardian graduated

from a 4 year university.

Watch this video

to find out more!

What is a First

Generation

**College Student?** 

FIRST AT THE

Who Supports First Generation Students

to generate pride in first-generation students

by fostering service to our community and

providing a support network at UNCG.

'First G at the G' is a department-led

committee that supports 1st generation

college students in various roles on-campus.

#FirstGenStudent



Student Support Services **Student Support Services - STEMH** 



#### ELIGIBILITY

- First Generation: neither biological or adoptive parents have a bachelor's degree.
- Low Income: as determined by the Department of Education.
- Disabled: disability or disabling condition that is documented with the Office of Accessibility Resources & Services (OARS).

#### VISIT US

211 Forney, Student Success Commons VISIT OUR RESOURCE CENTER Office Hours: Monday-Friday, 8AM-5PM Web: success.uncg.edu/trio Email: sss@uncg.edu Phone Number: (336) 334-4925

#### WHAT WE OFFER

The TRIO program prepares you for success with services and tools that are available at no charge.

Transportation is provided to all campus activities.

#### WHY JOIN THE SSS PROGRAM?

We provide wraparound services that promote academic, personal, and professional growth, as well as assistance navigating financial aid and financial literacy.

The Student Support Services (SSS) program is a part of the TRIO family of programs that supports students in achieving their dream of higher education.

"As a first-generation college student, I have been able to use SSS resources that supported me to excel in my courses!"

- Miroslava Martinez SSS Classic Student

#### HOW TO APPLY

SSS Classic serves 210 all majors and at all levels. undergraduate students in SCAN HERE

SSS STEM Majors 回航回 (STEM-H) serves 120 undergraduate students in STEM majors. < SCAN HERE



# LET'S TALK

**DROP-IN OFF-SITE SERVICE** THAT OFFERS BRIEF. INFORMAL. PRIVATE CONSULTATION WITH A COUNSELOR



SCAN FOR THE CURRENT LOCATIONS AND TIMES



INDIVIDUAL COUNSELING

CALL (336) 334-5874 TO SCHEDULE A SCREENING



**COUNSELING &** PSYCHOLOGICAL SERVICES

FIND YOUR SUPPORT HERE!

#### PSYCHIATRY

LOW COST PSYCHIATRY SERVICES MEDICATION MANAGEMENT CALL (336) 334-5874 TO SET UP A SCREENING

#### **GROUP COUNSELING** & WORKSHOPS

SHARED SPACES FOCUSED ON A **RANGE OF MENTAL HEALTH TOPICS** 



#### **CRISIS SERVICES**

**NEED TO TALK TO SOMEONE URGENTLY? RAPID ACCESS HOURS:** MON. - THURS. 12:00PM - 4:30PM FRIDAYS 12:00PM - 4:00 **NO APPOINTMENT NECESSARY** 



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#### **JOIN** TODAY пŰ

SPARTAN

# UNCG SOUTH AFRICA





# **SUMMER 2025**

# SPARTAN FAMILY ENGAGEMENT

#### WELCOME to the SPARTAN FAMILY!

We are here to support you and your spartan during this journey.

#### FEATURES

- Family Portal
- Parent & Family Advisory Council
- Newsletters
- Personalized Assistance
- Events



FOLLOW US

#### Do you want to...

- Work with kids and families?
- Promote healthy lifestyles and physical activity?
- Foster peaceful, equitable, and vibrant communities?
- Work in healthcare but aren't exactly sure doing \*what\*?
- Help individuals of all abilities and backgrounds live fulfilling lives?
- Influence policy and improve access to healthcare and resources?
- Help families and communities get along?
- Be an advocate for inclusion and racial equity?
- Lead programs to support individual and community wellbeing?

### We have a major for you.

4ug. 1

Communication Sciences and Disorders Community and Therapeutic Recreation Genetic Counseling Gerontology Human Development and Family Studies Kinesiology Nutrition Peace and Conflict Studies Public Health Education Social Work NEW in 2024: Human Health Sciences **Learn more:** hhs.uncg.edu askhhs@uncg.edu





School *of* Health *and* Human Sciences

OUNCENHS OUNCE.HHS OUNCENHS

### **STUDENTS FIRST OFFICE** (SFO)

SFO is UNCG's Academic One-Stop-Shop with staff available to help any undergraduate student understand, navigate, and utilize academic policies and procedures.

#### SFO can assist with:

Academic advising and registration procedures Major and minor exploration Course withdrawal Academic and Financial Aid Appeals Academic standing policy Graduation plans **GPA** calculations Starfish flags and referrals Academic and campus resources Strategies to address academic challenges





#### **FALL 2024**

Topics in Hip Hop MUS 212 MW 3:30 PM-4:45 PM

Jazz Appreciation MUS 214 MW 2 PM-3:15 PM

**Music for Film MUS 242** TR 3:30 PM-4:45 PM

Composition Skills MUP 115 MWF 11 AM-11:50 AM

**Making Music with Computers** MUP 220 TR 9:30 AM-10:45 AM TR 11 AM-12:15 PM TR 12:30 PM-1:45 PM TR 2 PM-3:15 PM

Latin Jazz Ensemble ENS 01 R 3 PM-4 PM

Steelpan Ensemble ENS 371/671 W 4 PM-6 PM

**Old-Time Ensemble** ENS 377/677 T 5 PM-6:50 PM

Indian Music Ensemble ENS 378/678/778 F1PM-3PM

Spartan Voices ENS 380/680 TR 5:00 PM-6:15 PM

**University Chorale** ENS 382/682 TR 12:30 PM-1:45 PM; F 1 PM-1:50 PM

Coro di Belle Voce ENS 387/687 TR 12:30 PM-1:45 PM

**Chamber Singers** ENS 388/688/788 MW 11 AM-12:50 PM

Sinfonia (Orchestra) ENS 390/690 MW 5 PM-6:30 PM

Symphony Orchestra ENS 391/691/791 MW 2 PM-3:40 PM

**Concert Band** ENS 392/692

ENS 394/694 TR 2:30 PM-4:10 PM

Jazz Ensembles (I/II) ENS 395/396 MWF 12 PM-12:50 PM (I) MWF 11 AM-11:50 AM (II)

**Athletic Band ENS 397** R 7 PM-9 PM

**Online Courses** Topics in Hip Hop MUS 212 **History of Rock Music MUS 229** Music Appreciation MUS 241

Talk to your advisor about the

### **FRESHMAN SEMINAR PROGRAM (FMS)!**





All classes satisfy requirements for General Education (MAC competencies)!

Small classes!

Interesting topics!

Many classes feature outof-classroom activities!



#### Sample Fall 2024 courses:

- FMS 115-02 Vampires, From Fact to Fiction
- FMS 117-02 Money and Happiness
- FMS 117-01 Black Freedom Dreams
- FMS 115-01 Writing the American South

#### Learn more at freshmanseminars.uncg.edu

UNC GREENSBORO Department of Kinesiology

#### I WANT TO BE A:

- PHYSICAL THERAPIST
- ATHLETIC TRAINER
- COACH
- PHYSICIAN'S ASSISTANT •
- SPORT PSYCHOLOGIST
- OCCUPATIONAL THERAPIST
- PERSONAL TRAINER •
- **FITNESS LEADER**

#### **B.S. in KINESIOLOGY**

#### CONCENTRATIONS:

- SPORTS MEDICINE & MOVEMENT SCIENCE
- FITNESS SPECIALIST

#### **MINORS** OPEN TO STUDENTS IN ANY MAJOR

- SPORT COACHING
- SPORT & SOCIAL DEVELOPMENT









🔲 music.uncg.edu 🚹 🙆 💟 uncgsom

TR 4:30 PM-6 PM Symphonic Band

> Wind Ensemble ENS 393/693/793

TR 12:30 PM-2:10 PM



UNCG's College of Visual and Performing Arts (CVPA) presents over 400 exhibitions, productions, and concerts a year in its Schools of Art, Dance, Music, and Theatre and brings world-class visiting artists to campus through the University Concert and Lecture Series (UCLS).

Many of these events are free, and the ticketed ones always include special student pricing.

> Live Your Life with Live Arts! vpa.unca.edu

Office of

#### Student Success



**Professional Support for Teacher Preparation** and Community Engagement:

- Academic Advising
- Licensure inquiries

Internships/Placements

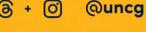
- Alternative Licensure Options
- Teacher-Based Student Organizations
- Home of the Haggai Academy
- NEW! Academic Support Hub for tutoring and test success

quests

Scholarships

# FOLLOW UNCGON SOCIAL





DOWNLOAD DIGITAL SWAG



go.uncg.edu/digital-swag



**FOLLOW OTHER** 

CAMPUS ACCOUNT

#### **UNCG SUSTAINABILITY:** WHERE BLUE & GOLD **BECOME GREEN.**

The mission of UNCG's Office of Sustainability is to encourage and support the development and implementation of sustainable practices in administrative units of the university and create a meaningful link between academics and operations that supports the use of campus as a living labortaory.



www.sustainability.uncg.edu





School of Education Building, 1st floor, rooms 124-128 Website: oss.uncg.edu Email: soeoss@uncg.edu

Visit Us!

Phone: 336-334-3410



#### ABOUT US:

The Nicholas A. Vacc Counseling and Consulting Clinic offers mental health counseling services for students, faculty, and staff at UNCG.

#### COST:

Individual counseling costs \$5 per session. Couples and family counseling costs \$10 per session. The Vacc Clinic does not accept insurance.

#### WHAT WE OFFER:

REGISTER

- Individual, couples, family, and group counseling.
- Areas of concern: stress, anxiety, social anxiety, depression, adjustment, grief, school related issues, career related issues, and others

#### **CONTACT US:**

Ferguson Building 2nd floor 524 Highland Avenue, Greensboro NC 27412

336.334.5112

🔀 cedclini@uncg.edu

https://soe.uncg.edu/ced/vacc-clinic/

#### VACC CLINIC HOURS:

COUNSELING

SERVICES

Monday: 9am-8pm Tuesday: 9am-5pm Wednesday: 9am-8pm Thursday: 9am-8pm Friday: 9am-5pm

Closed Saturday and Sunday. Clinic closes with university closings. Clinic hours vary. Please check the website for current hours.







RECREATION

& WELLNESS

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recwell.uncg.edu





### **CAMPUS TRADITIONS**

#### MINERVA

Minerva, the goddess of Wisdom. Tradition has it that if you take a bite of an apple and leave it at her statue, she'll bring you good luck on your exam!

#### **THE RAWK**

For 24 hours at a time, students use The Rawk as a message board to communicate with the entire campus.

#### THE CLOCK

According to campus legend, students who walk underneath the clock tower won't graduate on time. Most students don't take any chances.

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#### THE DAISY

The daisy is our official school flower and inspired the original two school colors of gold and white! It is tradition each year to give new students a daisy at NAV1GATE!

#### 

The ringing of the University bell is a tradition to open the academic year at the start of each fall semester at NAV1GATE! The bell is also run at Commencement.

#### THE DONUT

Legend has it that in 1980, Dunkin' Donuts were served at a staff meeting in the basement of Jackson Library. After the meeting, one donut remained, and That very donut is preserved and displayed in the Library!





Scan here for important semester by semester dates and deadlines!

# Linked in Learning

#### Don't forget to activate your FREE membership!

Learn: Software Coding **Resume Writing Study Skills** 

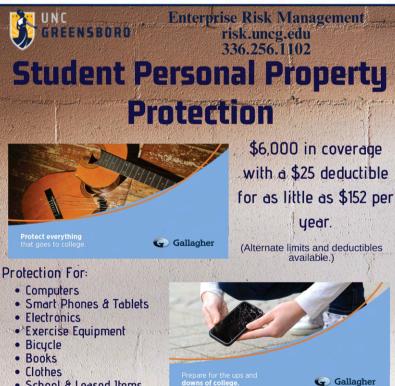
Plus, earn free certifications and post accomplishments on your LinkedIn profile.



Activate: go.uncg.edu/linkedinlearning



**UNCG** tech support: **6-TECH SERVICE CENTER** 256-TECH (8324) or 6-TECH@uncg.edu



#### School & Leased Items

and Much More!



- G Gallagher
- Flood • Water Damage Vandalism

Fire

Electrical Damage

 Accidental Damage Theft & Burglary

Protection Against

and So Much More

# **DOWNLOAD THE UNCG MOBILE APP**



go.uncg.edu/getmobile

# **Free Rides!**

**Students** can travel the city for free with the UMO app!

Scan the QR code to contact UNCG POCAM for your free **UMO** pass

GT≁



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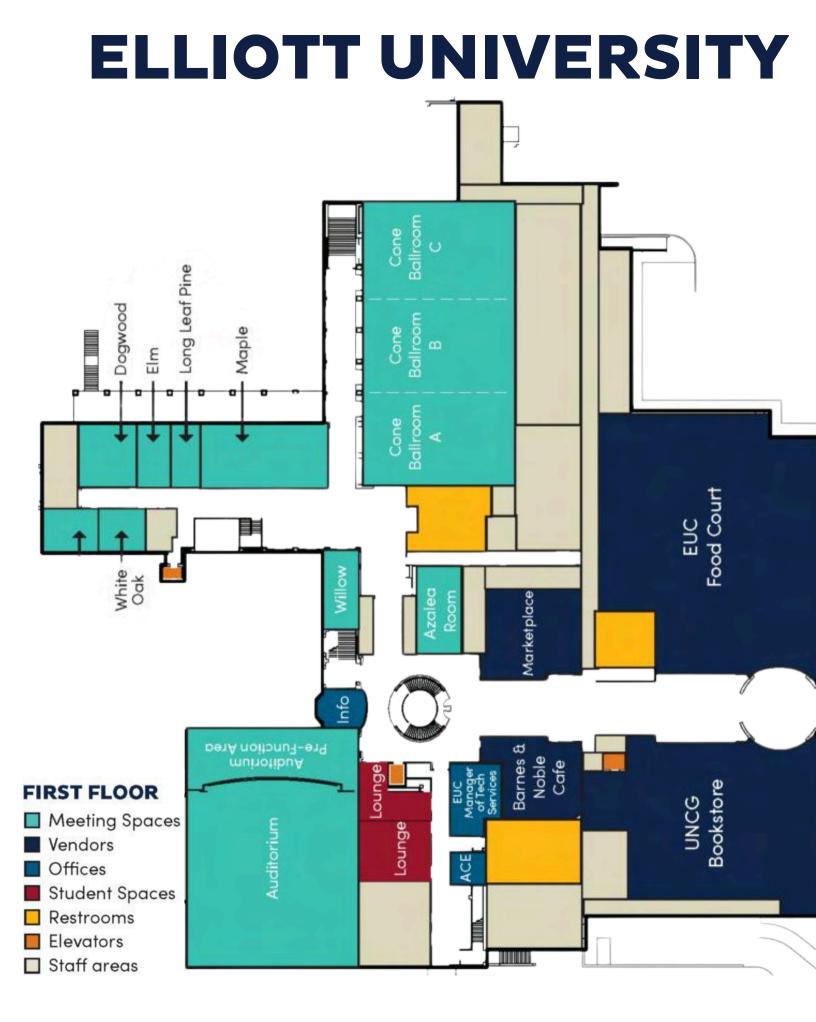




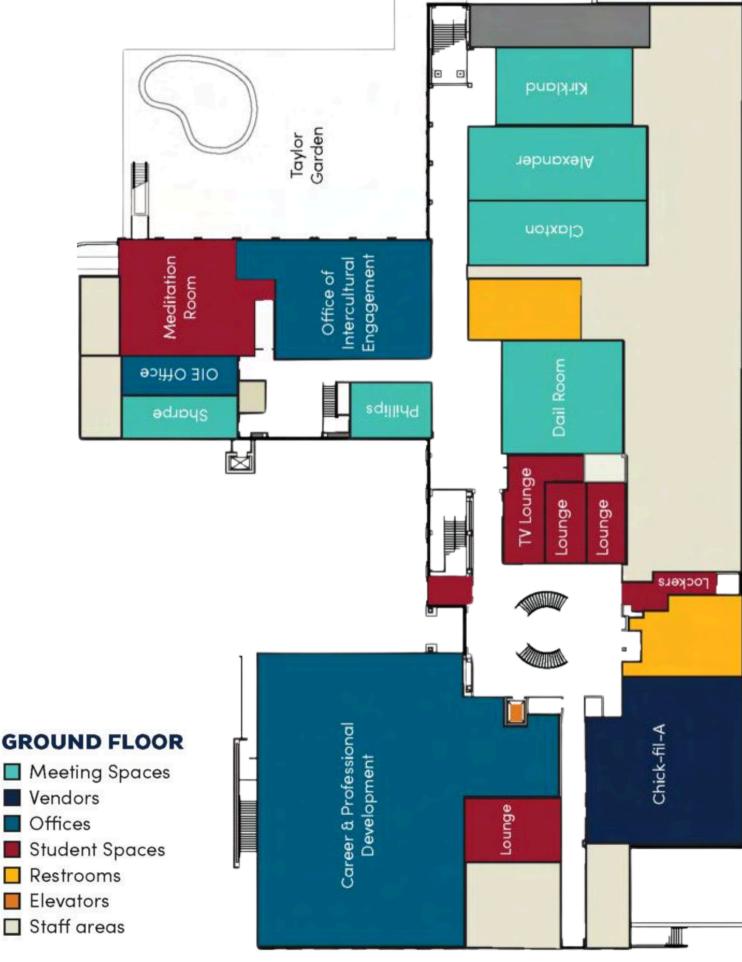
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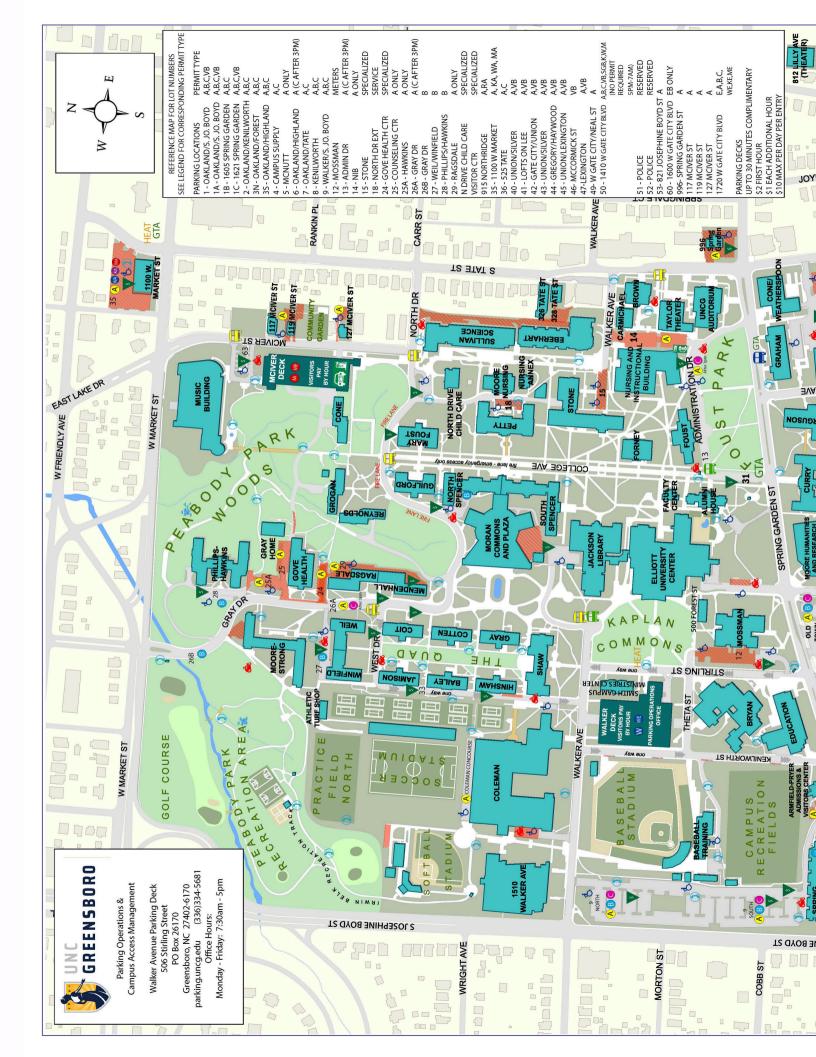


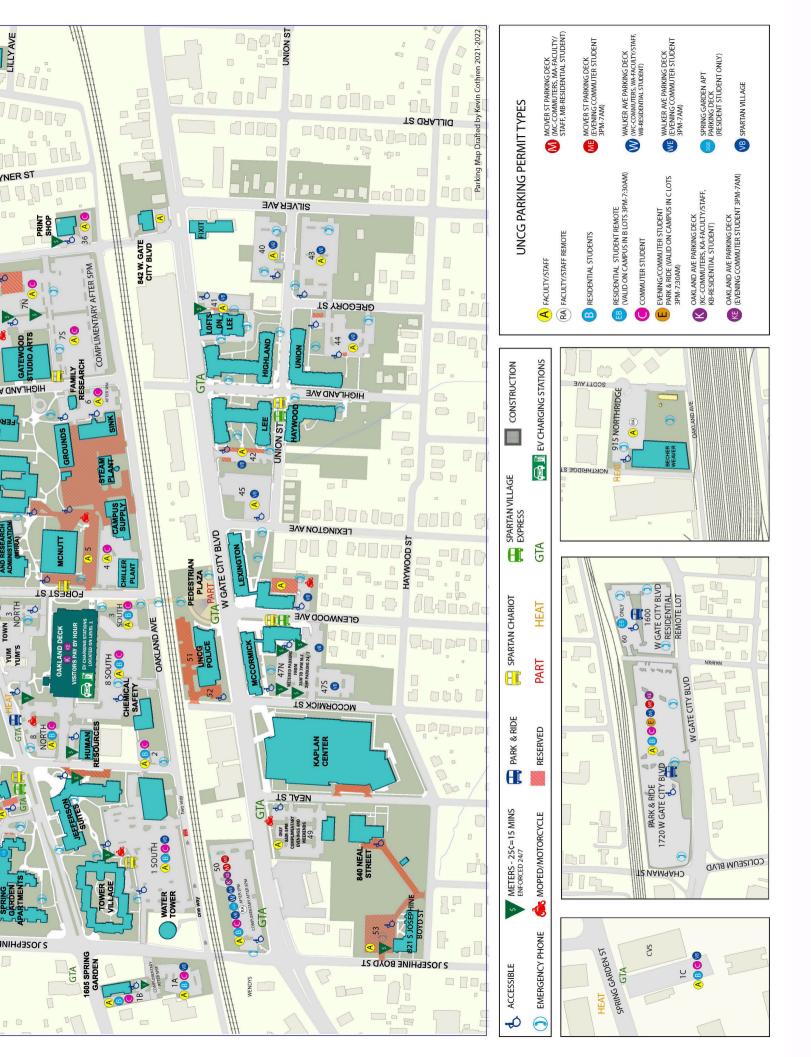
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# **CENTER MAP**









# FIRST YEAR TRANSFER Scan the QR Codes based on what program you are attending! DAR YOUR FIRST YEAR STAN CONNECTED SIGN UP FOR NOTIFICATIONS 1. Download the UNCG Mobile app 2. Find the notification icon on the home

CONTACT YFY

1-336-541-6939

yfy@uncg.edu

@uncg\_yfy

First Year Connect Newsletter

3. Select "Your First Year" to opt-in

YC

LOOK FOR SPARTAN SPEARS ON THE FIRST

TWO DAYS OF CLASSES!