PARENT & FAMILY SESSION

NAVIGATING COLLEGE TOGETHER

https://sa.uncg.edu/division-of-student-affairs/parents-families/
WELCOME

INTRODUCTIONS

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SESSION OVERVIEW

1. Navigating College Scenarios
2. Spartan Family Engagement
3. Spartan Family Weekend
4. Closing Remarks
SCENARIO #1

Homesickness & Engagement

Your student has not sounded like themselves when you’ve spoken with them since they arrived at UNCG a few weeks ago. When you press, you discover they are homesick. Your student has not made any friends and is feeling lonely. Your student is complaining that the food is awful, there is no social life, and the academic work is too demanding. They just are not connecting on campus.

What would you do?
SCENARIO #2

Academics & Grades

It’s the end of September and while talking with your student, you inquire about how their classes are going. They mention they are feeling a bit overwhelmed with upcoming midterms. They did well in high school, but they seem to have difficulty adjusting to college academic life.

What would you do?
SCENARIO #3

Health & Well-Being

It has been a couple of months since you dropped your student off at UNCG. Today, you are speaking with your student and they mention some concerning behaviors of experiencing episodic anxiety, not attending classes, and sleeping a lot. They have also communicated to you about being worried about balancing the college workload, making new friends, and living in a new place. They have even mentioned dropping out. When asked if your student was taking their medication, their response was “No, because it makes me feel tired all the time.”

What would you do?
SPARTAN FAMILY ENGAGEMENT

1. Newsletters & Social Media
   Stay connected by following Spartan Family Engagement on Facebook/Instagram and reading monthly family newsletters.

2. Parent & Family Advisory Council (PFAC)
   PFAC is comprised of parents of current UNCG undergraduate students who discuss current issues and ideas concerning the UNCG community, assist in planning events, contribute to publications for UNCG families, help raise funds for special projects, and serve as presenters at UNCG events.

3. Spartan Family Portal
   Closer to the first day of classes, you will receive information to log in to the Spartan Family Portal. With this one-stop shop, you will find information and resources and can connect with Spartan Family Engagement for questions or concerns.
SPARTAN FAMILY WEEKEND

Explore campus during a fun-filled weekend with:
- LARGE CELEBRATIONS
- MUSIC
- BONFIRE
- SPECIAL FAMILY WEEKEND PROGRAMS
- AND MORE!

More information will be posted on the Student Affairs site as the date approaches!

Save the Date!
SPARTAN FAMILY WEEKEND
OCTOBER 4-6
Check the link below for updates!
GO.UNCG.EDU/SFW24
TICKETS GO ON SALE JULY 15
Mission:
The mission of the Parent & Family Advisory Council of The University of North Carolina at Greensboro is to strengthen the quality of the UNCG educational experience by promoting communication, inspiring goodwill and support for the University, and enhancing high-quality programs and educational opportunities for students.
THANK YOU

PLEASE FILL OUT A PHYSICAL OR DIGITAL COMMENT CARD

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Mossman Administration Building