Welcome!

UNC Greensboro
School of Health and Human Sciences
HHS MAJORS

• Communication Sciences and Disorders (CSD)
• Community and Therapeutic Recreation (CTR)
• Human Development and Family Studies (HDFS)
• Human Health Sciences (HHSci)
• Kinesiology (KIN)
• Nutrition (NTR)
• Peace and Conflict Studies (PCS)
• Public Health Education (PHE)
• Social Work (SWK)
Getting Started

• What is a major?
• What is a minor?
• How do I stay on a 4-year timeline?
  • 120 is the magic number
  • General education, aka MAC (Minerva's Academic Curriculum)
  • Major requirements
  • Elective, minor, or pre-professional track courses
Advising 101

- What is advising?
- Who is my advisor?
- Advisors help students with:
  - Identifying goals and interests
  - Selecting courses
  - Connecting with campus resources
  - Developing academic skills
  - Creating a timeline to graduation
  - Exploring health-related careers

- How do I connect with my advisor?
- How can I prepare?
- Students help advisors with:
  - Sharing goals and interests
  - Reviewing degree requirements
  - Asking questions and seeking help
  - Co-creating strategies for success
  - Taking initiative for progress and action plans developed with advisor
Pre-Professional Programs

• Pre-Dentistry
• Pre-Medicine
• Pre-Physician Assistant
• Pre-Veterinary Medicine
• Pre-Law
• Pre-Occupational Therapy (OT)
• Pre-Pharmacy
• Pre-Physical Therapy (PT)
B.S. in Speech Language Pathology and Audiology

- Main campus program
- Secondary application required for upper division
- Sample Careers
  - Speech-Language Pathologist
  - Audiologist
- Work Settings
  - School systems, private practice, skilled nursing facilities, acute care or rehabilitation hospitals, research labs
- Graduate Students gain hands-on experience with patients at UNCG's Speech and Hearing Clinic
Community and Therapeutic Recreation (CTR)

B.S. in Recreation and Parks Management

Students must select a concentration from:

• Community Recreation and Event Planning Concentration
• Recreational Therapy Concentration
• Main campus program
• Also offers a minor
• Sample Careers
  • Recreational Therapist
  • Recreation and Sports Director
  • Event Planner
  • Preparation for Occupational Therapy (OT)
• Interactive classes and practicum
• Accelerated Master's Degree available - complete the bachelor's and master's degrees in 5 years
Human Development and Family Studies (HDFS)

B.S. in Human Development and Family Studies

- Human Development and Family Studies major
- Early Childhood Development and Education major (must select a concentration from the list below)
  - Birth to Kindergarten teaching licensure concentration
  - Early Care and Education concentration
- Main campus and online programs
- Also offers a minor
- Sample Careers
  - Pre-K or Kindergarten Teacher
  - Childcare or Community Center Director
  - Family or Crisis Intervention
  - Residential or Program Coordinator for children/adults
Students must select a concentration:

- **Allied Health Sciences** – Preparation for areas like health and social services, gerontology and aging care, health administration and medical/pharmaceutical sales
- **Health Professions** - Preparation for professional education in medicine, physician assistant, physical therapy, occupational therapy, pharmacy, veterinarian, and dentistry.
- Main campus program
- **Sample Career Pathways**
  - Health Administrator
  - Healthcare policy and advocacy
  - Preparation for Pre-Med, Pre-Dental, PA, OT, PT, etc.
B.S. in Kinesiology

Students must select a concentration:

- Exercise (Fitness) Specialist (FS) Concentration
- Sports Medicine and Movement Science (SMMS) Concentration
- Main campus program
- Minors in Sport and Social Development, Sport Coaching
- Sample Careers
  - Athletic Trainer
  - Fitness or Mobility Consultant
  - Cardiac Rehabilitation Specialist
  - Preparation for Physical Therapy
- Fourth largest undergraduate program at UNCG
Nutrition (NTR)

B.S. in Nutrition

- Students must select a concentration:
  - Human Nutrition and Dietetics Concentration
  - Community Nutrition and Wellness Concentration
  - Nutrition Science Concentration
- Main campus program
- Also offers a minor
- Sample Careers
  - Registered Dietician Nutritionist (RDN)
  - Food Science and Research
  - Nutrition Consultant or Educator
  - Public policy and advocacy – FDA, school nutrition, etc
- One of the early undergraduate programs at UNCG; curriculum has evolved over 130 years to include emerging topics such as weight inclusivity, culinary medicine, sports nutrition.
Peace and Conflict Studies (PCS)

B.A. in Peace and Conflict Studies

- Main campus or online program
- Minor in Peace and Conflict Studies or Forced Migration
- Sample Careers
  - Mediator/Human Resources Professional
  - International relations/development professional
  - Relief and non-profit professional
  - Prepare for law school or social justice advocacy
- Students are encouraged to select a minor or double major to complement their program and support practicum area
Public Health Education (PHE)

B.S. in Public Health Education

- Main campus or online program
- Concentrations in Communication Health Education (CHE) or Health Studies Online (HSO)
- Sample Careers
  - Health Coach or Educator
  - Epidemiologist
  - Director of local/state Health Department, health programs
  - Health Communications
- Focus on racial equity and social justice in health settings, policy, and access
B.S.W. in Social Work

- Main campus program
- Concentration available in School Social Work
- Minors in Gerontology, Social Work
- Sample Careers
  - Addictions Counselor
  - Medical Social Worker or Case Manager
  - Youth or Family Crisis Counselor or Services
- Students complete a year-long field placement (internship) in senior year
- May apply for Advanced MSW program (1 year to MSW)
Academic Resources

- Academic Achievement Center
- Academic Skills Assessments
- Tutoring
- Workshops
- Library Staff
- Math Help Center
- Speaking Center
- Writing Center
Campus Resources

- Career and Professional Development Center
- Dean of Students Office
- Counseling & Psychological Services
- Office of Accessibility Resources and Services (OARS)
- Office of Financial Aid & Scholarships
- Kaplan Center / RecWell
- Student Health Services Center
- Students First Office
- Spartan Open Pantry
• Watch comedian Michael Jr's KNOW YOUR WHY video
How do you want to serve the world?

1. HHS 150: Design Your Life
   - Offered Fall and Spring semesters
   - Meets MAC Foundations requirement
   - 3 credit hour course

2. Live Profoundly
   - Explore talents and gifts
   - Learn values and strengths

3. Serve Something Bigger Than Yourself
   - Discover campus resources
   - Connect to peers and the UNCG community
   - Get involved

4. Find the Right Pond
   - Determine what motivates you
   - Cultivate and articulate your purpose in life
   - Create your pathway to success
Dates to Know

- Monday, **August 19**: NAV1GATE (Convocation Day)
- Tuesday, **August 20**: Classes begin at 8AM
- **August 20 – 26**: Schedule Adjustment
- Monday, **August 26**: Last Day to add/drop a class
- Monday, **September 2**: Labor Day – University Closed
- Friday, **October 11**: Last Day to withdraw from a class without getting a WF grade (withdraw failing)
- Monday & Tuesday, **October 14 & 15**: Fall Break
Tips for Academic Success

1. Go to class
   - Students who regularly attend class have significantly higher GPAs.

2. Check your UNCG email
   - Communication is IMPORTANT and all university announcements, including bills, are sent via email.

3. Create Connections
   - Connect with faculty, staff, fellow students, and those in your surrounding communities.

4. Invest in yourself
   - Use your resources
   - Prioritize your wellness
THANK YOU

HHS Advising and Personal Development Center

https://hhs.uncg.edu/advising-and-personal-development-center/

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