



# Parent and Family Session

Navigating the Spartan Experience Together

# **Welcome & Introductions**

**SOAR 2023**

# Scenario #1

## Homesickness & Engagement

Your student has not sounded like themselves when you've spoken with them since they arrived at UNCG a few weeks ago. When you press your student, you discover they are terribly homesick. Your student hasn't made any friends and is feeling lonely. Your student is complaining the food is awful, there is no social life, and the academic work is too demanding. They just aren't connecting on campus.

### What would you do?



# Scenario #2

## Academics & Grades

It's the end of September and while talking with your student over the phone you inquire about how their classes are going. They mention they are feeling a bit overwhelmed with midterms fast approaching. They did well in high school but they seem to have a hard time adjusting to college academic life.

What would you do?



# Scenario #3

## Health & Well-Being

It's been a couple of months since you dropped your student off at UNCG. Today you're speaking over the phone and your student mentions some concerning behaviors of experiencing episodic anxiety, not attending classes, and sleeping a lot. They have also communicated to you about being worried about balancing the college workload, making new friends, and living in a completely new place. They have even mentioned dropping out. When asked if your student was taking their medication, the response back was "Nope, because it makes me feel tired all the time."

**What would you do?**



# Scenario #4:

## Tuition & Finances

An unexpected hardship hits your family and you are not sure how you will be able to continue to provide your child the level of financial support next semester you have previously contributed. You are concerned because tuition is coming due soon, their food money is running low, and tonight, they called to inform you they need to buy one more book for a class.

**What would you do?**



# SOAR & Beyond

- Parent & Family SOAR Sessions
- Parents can reach out to [families@uncg.edu](mailto:families@uncg.edu) or Dean of Students Office for questions
- Follow our social media channels
  - UNCG Spartan Family Engagement on Facebook and Instagram
- Planning resources for parents of first-generation students
- Join the Parent & Family Advisory Council
- Spartan Family Weekend
- Visit [go.uncg.edu/parents](http://go.uncg.edu/parents) for more information!



**SPARTAN**

**FAMILY  
WEEKEND**

FIND YOUR  
FAMILY HERE

**SAVE THE DATE!**

OCTOBER 20-22



UPDATES & INFO at [GO.UNCG.EDU/SFW](https://go.uncg.edu/sfw)



STUDENT AFFAIRS  
PARENT & FAMILY ADVISORY COUNCIL  
CAMPUS ACTIVITIES & PROGRAMS

**SOAR**  
G



# Thank you for participating and welcome to the Spartan Family!

## Contact Us:

**Dr. Cathy Akens**  
Vice Chancellor for Student Affairs

**Dr. Brett Carter**  
Associate Vice Chancellor for Student  
Affairs & Dean of Students

**Dr. Adrienne Craig**  
Associate Vice Chancellor for Student  
Affairs

**Parent & Family Advisory Council**  
[families@uncg.edu](mailto:families@uncg.edu)