What Signs Are You Giving Your Student?
Help your student develop exceptional problem-solving skills!

STOP
When your student contacts you with a problem, do you stop, and see if they can solve it on their own? Or do you immediately try to solve it for them? Try to take a step back and evaluate whether or not the problem is something only you are capable of resolving. College is a safe place to learn some invaluable life lessons. Are you willing to allow your student to develop some independence by finding solutions to their own problems?

SLOW
Are you able to slow down, instead of automatically fixing an issue for your student? You could start by asking some questions instead: What are all of your options? What might your first step be? What campus resources could help you with this? Have you tried contacting your advisor? You play a big role in helping your student learn sound decision-making skills. Assist your student in talking through the issue and encourage them to work on identifying possible solutions.

GO
Go ahead and show your student that you support their efforts to become more self-reliant. You can be your student’s best resource to help them develop exceptional problem-solving skills. The effort you put in now by showing your student that you believe in their abilities will help lay the foundation for developing critical life-long skills.

CURVES AHEAD
Are you prepared for the curves ahead? College is a big transition for students, but it is a major change for parents and family members as well. This process is a journey, and it is not often a direct route. Ultimately, please know that although we work hard to help students be independent and self-assured, we are always here to support them.