HELLO, SPARTANS!

Wait…. Wut?

September starts this week! You’ve made it through your first month (almost) of college! We hope you had a great time learning about UNCG at #NAV1GATEUNCG and Rawkin’ Welcome Week events over the past few weeks. The fun isn’t over, though. Continue to get involved and stay on top of what awesome events are going on across campus through the Cory App and SpartanConnect. Tracking what you do and which events you go to through SpartanConnect adds information to your Co-Curricular Transcript, which will come in handy when building your resume and applying for jobs both on campus and off campus.

Labor Day

Monday, September 3rd is Labor Day. Offices are closed and classes are not in session. Enjoy your long weekend, and take advantage of the time to get ahead on some of your assignments!

Speaking of September…

With the end of the month almost here, that means we’ve been in school for a while now. Feeling overwhelmed and/or homesick is completely okay. However, if you would like to talk about these things with someone, there are plenty of people who care and willing to listen on campus. The Dean of Students Office or the Counseling Center are great places to start.

This is Deeper Than You Think

Being in a new environment can be tough. Finding your group of people in the first month of college can also be tough. However, finding the right group for you is essential to your college success, and can affect your life both inside and outside the classroom. It might be odd at first, but try starting a study group with peers in your classes. Your ConnectUp Groups are also a good starting point to making connections and having fun, as well.

There will be a new edition of First Year Connect once a month throughout your entire first year, giving you updates on how to succeed during your first year - so be sure to stay tuned! In addition to keeping up with the First Year Connect, follow YFY on social media to be in the know for everything going on around campus. Tag @UNCGYFY in pictures of your semester is going!

Trivia

For this month’s trivia contest, fill out this Google Form. The winner will be randomly selected, so be sure to answer the questions correctly and you could get a shout out and win a prize from YFY!

Winner of Last Month’s Trivia Contest

The Winner of Last Month’s Trivia is Joy Blocker! Joy, email YFY (yfy@uncg.edu) to claim your prize.

Events

9/19 - Invisible Knapsack 6pm - Residents will be asked to think about experiences that have had a lasting impact on them and have molded them into the person they are today. The book makes several references to scars, experiences, and artifacts that hold special meaning for the author which helped shaped her life. Residents will be able to create their own knapsacks. We all walk around with this invisible knapsack of experiences that shape our lives and play a part in how we experience the world in the future. Just like Reyina and her umbilical, we have connections to our past, and this will be an activity to get residents to explore theirs. We can’t escape the past, and it will always play a part in the present/future.

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