The Campus Experience:

Benefits of Campus Life for your Student
Recreation and Wellness (RecWell)

- Aquatics
- Fitness
- Team QUEST
- Competitive Sports
- Outdoor Adventures
- Wellness
- Informal Recreation
- Piney Lake
- Employment Opportunities
Campus Activities and Programs (CAP)

**Programming**
- ACE (Activities & Campus Events)
- Minerva’s Middays
- UNCG Weekends

**Student Groups**
- Over 250
  - Academic, sports, faith-based, honorary, arts, cultural, and more!

**Fraternity & Sorority Life**
- 24 active chapters
- 4 councils (IFC, CPC, NPHC, MGC)
Office of Intercultural Engagement

Get Involved
  Intercultural Leadership Council, Confetti and Q+, Kaleidoscope Program

Education & Training
  CommUNITY Dialogues, Safe and Trans Zone, LGBTQ+ Lunch and Learns, Tunnel of Oppression & House of Privilege

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Religious Life Council

- Wide variety of religious backgrounds.
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Benefits of getting involved

College students learn in three primary ways….

- Formal curriculum
- Associations with peers
- Co-curricular involvement & leadership in student organizations
Benefits of getting involved

● Develop workplace skills
● Build a great resume
● Make friends and connect to UNCG
● Create motivation to do academic work
● Increase the likelihood of graduating from college
Skills developed through organizational membership and leadership positions

- Problem solving
- Delegation
- Group decision making
- Managing multiple priorities
- Budget management
- Motivating a group
- Goal setting
- Resourcefulness
- Written and oral communication skills
- Collaboration with others
- Leadership….and more!
What is there to do at UNCG

- Learn about self and engage with difference
- Hundreds of volunteer opportunities
- Service Learning
- Recreation and Wellness
- Events and programs every day
- Athletics events
- Multiple employment opportunities in almost every department
Over 250 clubs and organizations

- Academic/ Professional
- Honorary
- Fraternities and Sororities
- Spiritual & Religious
- Special interests
- Club Sports

- Student Media
- Service
- Intercultural
- Sustainability
- Visual & Performing Arts
- Governing
Programming and governing organizations

- Student Government Association
- Activities and Campus Events
- Intercultural Leadership Council
- Fraternity and Sorority Life (CPC, NPHC, IFC, MGC)
- Residence Hall Association
- Club Sports Council
How to get involved

- Attend the Fall Kick Off during Rawkin Welcome Week
- Go to yourfirstyear.uncg.edu
- Go to cap.uncg.edu
- Stop by the SGA office
- Look for flyers encouraging prospective members to attend meetings of student organizations
Rawkin Welcome Week

- Move In – Wednesday-Friday, August 8-10
- Monday, August 13 – NAV1GATE
- Saturday, August 18 – Opening Carnival
- Monday August 20 – House Calls
- Rawkin Welcome Week begins Wednesday, August 8 and continues through August 20
- Introduction to Student Life at UNCG
How you can encourage involvement
Your role

- Encourage involvement
- Don’t push
- Let the student select areas of involvement that interest them…not you
- Ask about their club activities when you talk with your student
- Ask open ended questions
- Remind them of the benefits of involvement, then leave it to them
If my student calls and says they are bored...

- Ask which student organization they have joined
- Ask them which performing arts events they have been attending
- Ask which teams, trips or leadership programs they have signed up for
- Ask which shows, movies, sports events or concerts they have attended
- Ask them about their club events
- Remind them that boredom is a choice
How much is too much?

- One to three involvements is usually about right for most new students.
- Most students can handle an intramural team in addition to these memberships.
- A paying job or heavy course load might reduce the number somewhat depending on the student’s time management skills.
- Memberships beyond three may begin to interfere with academic work.
Satisfaction and Success

- Engaged students are more satisfied with college!
- Engagement in student organizations increases likelihood of success!
- Engaged students develop leadership skills and get the best jobs!
Want to learn more?

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- Hillel (Jewish)
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